

The Concept Of Kindness In Uzbek.

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Annotation. What is kindness in understanding society? This is the person's desire to help but not expect or ask for anything in return. But that's certainly not the full definition. Kindness is a very high and powerful emotion, thousands of books have been written about it, hundreds of films have been made. In all fairy tales, legends and sagas, good triumphs over evil. It is the foundation of all religions. But somehow it's dwindling in the world... A new ideal and a new outlook, a new time. Now, kindness is not a profitable investment at all: neither advertising, nor popularity, nor money. How can you bring this trait back into people's lives and be kind yourself? This article will address the topic.

Keywords: Concept, Compassion, Compassion, Concept of Kindness in Society.

LOG IN.

There is such a characteristic of the spirit that it does not allow you to remain indifferent to the problems and misfortunes of others. For example, kindness and compassion are the basis of the character of many Russians who seek to help even an unfamiliar person. This is a kind attitude towards people and relatives, this is a gentle attitude towards animals.

Kindness is a type of behavior characterized by caring for others without expecting praise or reward in return.

Kindness is a topic of interest in philosophy and religion. Compassion was one of the main themes in the Bible. Nietzsche considered kindness and love to be "the most healing herbs in human relationships."¹ Kindness was considered one of the qualities of chivalry.

Kindness is an active help, kindness towards a neighbor. There are both Christian and secular interpretations of this concept. Similar in appearance, these emotions come from different motivations.

MATERIALS AND METHODS

Mark Twain In terms of compassion, he considered compassion to be "the language of the deaf to hear and the blind to see."² Shakespeare Many of his opuses can be considered a study of human kindness."³ Robert Louis Stevenson believes that the essence of love is kindness.⁴

In October 2011, Life Vest Inside posted a video titled "Boomerang of Kindness." It shows how one act of kindness passes smoothly from one person to another, and the boomerangs return to the person who moved it. Orly Wahba, founder of Life Vest Inside and director of Kindness Boomerang, explains that each scene is based on a real-life experience she has experienced.⁵

Singer Harry Styles has been promoting kindness since at least 2017 with the slogan "Treat people with kindness."⁶

¹ Nietzsche, Friedrich Wilhelm. "On the History of Moral Feelings, " Human, all too human: a book for free spirits. Aphorism 48. [Original: Menschliches, Allzumenschliches, 1878.] Trans. Marion Faber with Stephen Lehman. University of Nebraska Press: First Printing, Bison Books, 1996.

² Lorette M. Enochs. [Seeds of Recovery: A Journal of 101 Mental Health Reflections](#). AuthorHouse, 21 November 2016 — 76-
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³ Lagrette Tallent Lenker, *Fathers and Daughters in Shakespeare and Shaw* (2001) p. 107

⁴ Robert Louis Stevenson, *Virginibus Puerisque* (London 1909) p. 35

⁵ Archived at [Ghostarchive](#) and the [„Kindness Boomerang“](#). YouTube/Life Vest Inside. From the original on November 21, 2011 [arxivlanguan](#). Reviewed: January 14, 2016.; [„Kindness Boomerang“](#). YouTube/Life Vest Inside. Reviewed: January 14, 2016.

⁶ [„TED Talk — Kindness — Orly Wahba“](#), YouTube/TED Conferences. Retrieved January 14, 2016

DISCUSSION AND RESULT

In modern society, kindness is perceived as a burden, and in order to finally stifle conscience and find an excuse for inaction, people have invented myths.

Myth No. 1. Kindness is simplicity.

Kind people often become objects of manipulators, but their victims become narcissistic beauties, wretched people, famous guys, romantic girls and suspicious young ladies of the Balzac age. No one is safe in this world. Therefore, kindness does not mean simplicity. Sometimes it's very difficult to see a liar, even for the most suspicious and cautious people. Myth No. 2. Kindness is optimism.

Everyone shows a kind person as an open, sincere, intelligent person. But in life, as a rule, other people come to the rescue. For example, Natalya Ivanovna, a startled woman who constantly chases and slaughters children in the yard, but helps one of them when she gets into a puddle. Often a closed, sad person comes to the rescue, a positive and cheerful person passes by. The internal content of a person is not always immediately apparent, so you should not judge him solely by his behavior.

Myth No. 3. Kindness is a disgrace.

In today's world, making a profit has become the main goal of many people's lives. What does kindness mean in modern society? It began to be perceived as a derogatory thing. There is a dreaded "Weak Push" program on the minds of many that needs to be changed urgently. Everyone must learn not to give impetus, but to pull, to rescue from the abyss. This is an act of kindness, and unlike cowardice, in which more than a thousand people have died, it cannot be discriminatory.

Myth: Kindness is a weakness.

There is such a stereotype in society that if you do good, you will be attacked, and there is even a saying, "They do not seek the good in the good." The ability to regret, to regret, to share grief, to express sympathy is equated with weakness. But, in fact, it is precisely this person who expects to be stabbed in the back, and it is weak to think about the benefit all the time. He wastes energy. Vigilance does not save him, and he is left alone, helpless and without a good word, but with his caution and skepticism of the world.⁷

CONCLUSION

It is necessary not to deny the humanity in you and believe in myths, forget about selfishness and always try to sympathize with your neighbor and help him in difficult times - this is kindness in its true sense.

Just think about it: The whole world relies on the fact that in one way or another the manifestation of kindness and selfless service to people is given. Each of us wants to feel needed, demanding. Without this need, we wouldn't know what the other person would feel, we couldn't get close to understanding the immutable truth: sincere self-giving rules the world. The word goodness has a lasting meaning and has a great meaning.

References

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⁷ <https://uz.vogueindustry.com/17234792-what-is-kindness-her-portrait-in-modern-society#menu-1>