

The Stability Of The Family Environment Is The Issue Of Spiritual And Moral Education

Khusanov G'olib Elmurodovich

Researcher of the Samarkand State Institute of Foreign Languages

Annotation: The article covers issues such as family environment, ensuring family stability, providing spiritual and moral education in the family.

Key words: environment, family environment, family relationship, value, spirituality, thinking, attitude.

It is known that the current new stage of our country's development reveals modern criteria for using national values in family education. The spiritual atmosphere in the family, as a center of moral education, forms a unique feature of national morality and education. In the process of coming into contact with the family environment, norms of behavior, spiritual-social and cultural concepts and ideas, new interests and needs are acquired and develop in the social environment. When talking about the factors influencing the spiritual formation of a person, first of all, the person himself, secondly, the micro-environment, thirdly, the meso-environment, and fourthly, the society and its political, ideological, cultural. It shows the general condition of the economic spheres.

The issue of family and family relations is one of the topical issues that have always been studied and researched.

The great scholar Abu Raikhan Beruni in his works such as "Memorials", "India", "Kitab al-Saidoni", "Al-Qanuni al-Masudi" expressed valuable thoughts about the family and parenting in the family. Abu Ali ibn Sina's "Ishoroat", "Donishnama", "Medical Laws", "Tadbiri Manzil" and other works contain valuable opinions on the issue of family and family upbringing.

Also, in terms of developing the process of spiritual and moral education, the ways of using national values and the foundations of national education, the pedagogical foundations of the formation of spiritual and moral culture, the formation of spiritual and moral education in the higher education system and the education of future specialists V. Karimova, N. Dj. Mahmudova, O. Musurmanova, Sh. In the scientific works of Sh. Olimov, M. Kuronov, N. Kh. Oripova, Z. Q. Ismoilova, N. A. Muslimov, N. M. Ochilova, Y. P. Azarov, Z. E. Azimova, the problem of formation of spiritual and moral education in the higher education system was analyzed.

It has become a value for family members to respect each other, adhere to moral norms and standards, and solve family issues together without having to vote. If parents have immorality, disagreements with family members, and petty bullying of their children, they turn to intelligent, reputable, and experienced family members to evaluate them. Because "the family is the school that teaches people humanity, good behavior, education and generally positive qualities. There is a saying in our people, "A bird does what it sees in its nest." It is not wrong to say that education begins with the family. We mean a healthy, mature, perfect family. The healthier the family is, the healthier the society will be" [1].

The living environment of each human and other living creatures is the conditions, starting from their thinking space to their social environment and living environment. The environment is the external world that surrounds a person as a set of external events that affect people, and directly affects his worldview, mood, psyche, dreams and behavior. A certain environment manifests itself in different forms and shapes. In whatever society a person lives, the existing and existing law in the life of that society develops based on the rules. He enjoys the material, spiritual and cultural wealth of this society, and also participates in the creation of these wealth. The material, spiritual and cultural wealth created in the society has a unique effect on the development of the individual. If self-development is high, it will have a positive effect on the individual, and in the process of creating his material, spiritual and cultural wealth through his work, his mind, worldview, life, lifestyle also goes well.

It is the family environment that plays an important role in the formation of a person's behavior as the smallest link of society. However, the spiritual and moral environment in the family is the cornerstone and decisive factor in the moral consciousness, behavior and activities of a person. First of all, the spiritual and moral environment in the family forms the capabilities of the individual, creates his relations and

communication with the social being. Therefore, the family is studied as a microenvironment that forms the ideological, political, and economic views of a person, determines the system of relations with the environment, the world, that is, his worldview, beliefs, needs, interests, ideals, motives, and the direction of his life goal. That is why the President of the Republic of Uzbekistan said, "The future of our planet and its well-being depend on how our children grow up to be human beings. In this regard, people, first of all, it is the most important task to form and educate young people's thinking on the basis of enlightenment. The solution of local and global problems related to youth education is directly and indirectly related to the family environment and its spiritual and educational level.

In the East, the family has been considered a sacred homeland since ancient times. If the family environment is healthy and strong, peace and harmony will be achieved in the neighborhood. Therefore, peace and stability prevail in the state only when the neighborhood and the country are strong. After all, family well-being is the basis of national well-being. Therefore, in order to improve the socio-spiritual environment in families and neighborhoods in the society, to fully and effectively implement the principle of "Prosperous and safe neighborhood", to strengthen the institution of the family, first of all, "Healthy family - healthy It is being considered within the framework of conducting a unified state policy aimed at implementing the idea of "a healthy society".

Consciousness and behavior formed in the family environment protect the person from vices. In this sense, in the study of the spiritual and moral environment of the family, the paradigm of newness of thought and spiritual maturity is justified and manifests itself in its own way. The pursuit of spiritual maturity is a person's strong human position in the life of society and human activity, and it means living in accordance with the behavior based on social and moral criteria.

The most suitable place for the formation of human spirituality is the family. Whatever nationality the family belongs to, it embodies the spirituality of that nation and transmits centuries-old traditions and spirituality from generation to generation. After all, a person's spirituality, his worldview, beliefs, life principles, ideals, values, and set of skills are mainly formed in the family. In this sense, the family is considered to be a fortress of spirituality, and the family reflects the spirituality of that nation to which it belongs. Therefore, the unique national character of the Uzbek family, its manifestation in interpersonal relations in the family, various family ceremonies, customs, traditions, our national-spiritual values are manifested through the family. Mutual respect in Uzbek families, respect for parents, love for children, and respect for children are values that shape a person as a complete person, a perfect person, morally and spiritually beautiful and mature, and develop human qualities. And the essence of these values is instilled in the minds of children initially through education in the family environment. In this, a person's moral consciousness, behavior and activity are guided by axiological principles.

Spiritual-ethical activity represents morally high norms and rules that regulate people's historically formed behavior, behavior, interactions in social and personal life. Relationships in society are formed on the basis of spiritual and moral principles, and appear as an important aspect of social development. That is why, at the initial stage of the reforms implemented in the society, awakening people's thinking, increasing their initiative and activity is the basis of spiritual reform, because, according to the principles of orthodoxy, in developing countries, freedom of thought and conscious activity, morality is a factor of the development of society. As society progresses, it is clear that there is a need to increase attention to ethical relations. Educational process, educational activities, dedication and patriotism are necessary for development, growth, and advancement. Education and educational activities begin with the inculcation of moral qualities, assimilation and formation of spiritual values [4].

By performing practical activities aimed at a certain goal, a person becomes a force for changing society and creates a healthy spiritual and moral environment. Man is not only a product of historical conditions, but also a creator of such conditions. Social life requires not blindly fulfilling one's duty, but a conscious approach to it based on moral principles.

The more spiritually rich parents are in the family, the more serious and responsible they are towards their children. Every parent dreams of seeing their children's spiritual and moral qualities. "It is natural that the foundations of the spiritual standards and views that determine the child's character, nature and worldview - the foundation of such sacred concepts as goodness and goodness, nobility and kindness, honor and dignity - are settled in the family environment. That's why respect for parents, a deep understanding of the lifelong duty

to them, which appears in the family environment, forms the basis of human qualities and family relations, the spiritual world of the family" [2].

The role of the family in raising a mentally mature, morally clean, physically strong, and spiritually rich generation for the society is great. The development and strengthening of the family is connected with the fate of the future generation, and the main task is to educate the young generation in the spirit of nationalism and patriotism. "It is well known to all of us that education begins first of all with the family. A child knows his home in the family, and his homeland in kindergarten and school. That's why we have to think very seriously about education in the family" [3].

As we conclude our opinion, let's first of all stabilize peace, harmony, and a clean psychological environment in the family so that the young people growing up in our country can start an independent life, become mature individuals, and find their place in the society. Let this serve as the main factor for awakening the confidence of our children in themselves and in the future.

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