## Change in mentality towards disabled people in Central Asia

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**Abstract:** In early societies, the disabled occupied the position of flawed, inferior, poor people: they were considered a burden, people unable to benefit. But before the Zorastrian religion, the idea of physical defects was understood as a punishment for sins or as a sign of possession by evil spirits. This attitude towards the disabled often led to the fact that they were shunned, feared and considered outcasts of society. The daily lifestyle of people with physical and mental disabilities in those days turned into restriction and isolation, their exclusion from normal life, labor relations, creative spheres.

This article is about the tolerant attitude of people to the disabled. This is done in the Avestan meaning in relation to persons with disabilities. Since ancient times, people in the east have been treated with tolerance. The nature of the attitude towards disability and the life of each nation is based on the mentality and religious relations of this nation. In particular, in Central Asia in ancient times, human life was determined on the basis of religious beliefs. For example, there was a pre-Islamic religion Zorastrianism. It has the words "good thoughts, good words, good work." This is proof of a tolerant attitude towards disabled people. The Holy Book of Zoroastrianism in Avesto also calls for tolerance attitude.

**Key words:** Avesto, vendidat, poor, blind, dumb, primitive community, relationship, land.

For those who have a long history of disability has been one of the main problems in this society since ancient times, and traces its history back to BC. Care for persons with disabilities, disability prevention and treatment issues in each period based on the characteristics of the mentality of the people has acquired a different character in different periods. During the primitive community to live in harsh living conditions of the people living in such conditions, only the survivors had to go. Still they are not installed any regard for people with disabilities. Compared to the limited possibility of early relationships formed in the land of mythology and religious views. This is natural, because the legendary outlook shared by a number of philosophical thought, and this was reflected by ancient thinker's looks. Relationship to the limited possibility of the first religious views, because it is formed only naturally. This legendary land of the mythological worldview shared by a number of philosophical thought in the middle of this ancient thinkers and looks.

The Zoroastrian religion is a period when there are significant changes in people's views on the nature of man himself, on the purpose and meaning of his life. Profound transformations in the spiritual life of ancient society are characterized by the emergence of new philosophical systems based on interest in real life, man, his purpose and place in society. People's minds were increasingly possessed by faith in the mind and strength of man. At this time, there are significant changes in attitudes towards people with disabilities. It took more than two thousand years to realize the necessity of caring for people with developmental disabilities and recognizing their right to exist. Humanists in the midle eages played a positive role in changing the attitude of society towards a person with physical and mental disabilities.

For example, the ancient Central Asian countries is one of the first written sources of information about the history of Avesta views. It has to highlight the issue of disability in the empty period, based on the spirit of determination, treatment and prevention of disabilities, a special Emphasis on the culture of health among the population. Zoroastrianism, the religion, coinciding with the emergency of seed systems-level society. Naturally to promote a new society Axuramazda[1]. Axrimon example of the power of the Evil one makes every effort to Indians in the work of the field in the research According to the H.Homidiy in Vendidad names are listed in the following diseases and is known about the sources of their origin: sudden death, there will be pain, and fever. Fever, pain in the brain agent[2]. Ajhu, was bitten by a snake, cars, hypertension, and eye view of the atmosphere, crust and Gandhi. Failure to Comply with the Majority of these ceremonies,

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because of negligence, Barker and gandidosh (talismans, cancer) diseases Axrimon the seeds of the earth is called dry deliberate intention. The second part of the example in Vandida Avestos Vendidat Axura Mazda predictable construction of "disability, illness, mental Vulnerability Biography of Paradise" Wishful thinking about the country. Heresy and the mentally retarded Angra many viewed as that relay to the god of darkness. Avesta Disability generation to prevent than cure, special attention was given to the factors of the original. First, build the family of the young men and women to be healthy, flawless in every aspect. Secondly, pregnant women suffering. Irritability, and to consume more fruit, but found herself to eat the provision for fraud[3].

Therefore, the purpose of Acrimony's to prevent disease and disability through the prevention and reduction of disability in the afterland. The end of the 7th century BC thinker in the field of medicine, the treatment of the following methods: otashkas floor darmongoh (polyclinic), clinic (hospital) was established under the jurisdiction of the state of the industry, costs are covered at the expense of private property. Under the control of the state, of course, who improved treatments. Some physicians to treat patients with the good spirit in our power to encourage, with the power of some of his knowledge, treatment, and other physicians treating patients with iron master, and a variety of healers marazliklarni through various herbal healing to treat. While other types of prayer heals says[4]. Different treatment depending on the disease that can lead to disabilities. For example, the prayer will be a treat mentally retarded treatment of various tumor diseases by using a razor, herbal drink. Sometimes as a direct appeal to yazdan asking solve the problem, there are excerpts from the tone of the claims. Vendor's fiftieth fargard so, that all diseases were killed at the same time: term and no, they do not have all the illness formed. Avesta prayers through a variety of diseases, disabilities and prayer by priests shows treatment[5].

Therefore, we have some people with limited physical abilities to protest rising. Persons with disabilities to receive care and their situation has become an integral part of the national patrimony for centuries [6].

In conclusion, we can say that in the east, from the earliest days of human history, formed in connection with the care of people with disabilities. The first dishonoring the conditions of people with disabilities Central Asia in the ansient Ages disabilities on the basis of the principles of the Zoraastrizm religion, a sense of caring for the poor and lifestyle. Neighbors share mosques and madrasahs in shelters under poor and the needy and the neighbors who live near by meals. Therefore, we have some people with limited physical abilities to protest rising. Persons with disabilities to receive care and their situation has become an integral part of the national patrimony for centuries.

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