

# The Importance of the Family in Forming a Healthy World View

**Muqaddas Rakhimjanova**

Namangan State University

Methodology of teaching social and humanitarian sciences (fundamentals of spirituality), 2nd year master's student. muqaddas.dilmurad.qizi@mail.ru

**Abstract:** The role of the family, youth education, emerging problems, causes and solutions in turning a healthy worldview and creativity into a nationwide movement are mentioned in the article.

**Key words:** Family, Hadith, Child Upbringing, Healthy Outlook, Creativity. Social Life

The world was created so that every creature was created in pairs. Living as a couple is a natural need. But living as a family is unique to the human race. The first family on earth was created by Adam and Eve. This is where the family history began. If we look at history, we can witness that nations, states and cultures that took the issue of the family lightly, and those that were the opposite of it, were definitely in crisis or progressed. Family is a unique social group, its members are connected with each other by marriage, kinship, common life and mutual legal, moral and other relations. If the family is strong, peaceful, honest and pure, the society will be peaceful, strong and prosperous. On the contrary, if there is disorganization and disorder in families, the general way of life of that society will be disturbed, peace will disappear, and eventually it will face a deep decline. That is why since ancient times attention has been paid to the issue of the family, and various measures and methods have been used to make it strong, peaceful and happy. True human nature demands that it be so.

According to the basis of the holy religion of Islam, God willed a man and a woman to build a family through marriage. He introduced marriage in all his celestial religions. It has provided guidance on marriage and family happiness, as well as on other things that encompass our lives. At the same time, he introduced the strong and perfect teachings of our family life, which show the path of happiness for people in all times and places. The Messenger of Allah, may God bless him and grant him peace, said: "Marriage is my Sunnah. "Whoever turns away from my circumcision is not from me," they said.<sup>1</sup> In one of the hadiths, the Prophet, may God bless him and grant him peace, mentioned with pride that he was born out of wedlock. In Surah Rum of the Holy Qur'an, God Almighty explains the wisdom of creating a spouse from himself: "So that you may find peace." So it is not for nothing that people are created in pairs. "... and We have placed between you love and mercy..."<sup>2</sup> If Allah Almighty did not put love and mercy between husband and wife, would they be able to tolerate each other's mistakes and shortcomings and family difficulties?

As can be seen from the above verses, it is stated in religious sources that marriage and family are sacred, and that man and woman are a world that complements each other. But unfortunately, the whole world, humanity is facing a number of problems in solving family issues. The events happening in most European countries, i.e., the increasing number of claims that "personal freedom", "family is unnecessary", "marriage restricts human freedom" and "homosexuality", are contrary to the pure nature of man. In the scope of ideas, the value of the family is no longer there, kindness, peaceful living, genealogy, having children, raising children, taking care of the family and caring for it are becoming alien concepts for humanity.<sup>3</sup> According to Russian experts, 66% of families in Russia leave only one child, and in Britain, five broken families account for every six new families. Many more such examples can be cited.<sup>4</sup> Well, in our country What are family problems? Their real reasons are lack of knowledge of the

<sup>1</sup> Sheikh Muhammad Sadiq Muhammad Yusuf. Happy family. - T.: "Hilal Nash", 2018. - P. 23.

<sup>2</sup> Sheikh Muhammad Sadiq Muhammad Yusuf. Happy family. - T.: "Hilal Nash", 2018. - P. 19.

<sup>3</sup> Sheikh Abdulaziz Mansour. Translation and interpretation of the meanings of the Holy Qur'an. - T.: "Tashkent Islamic University", 2015.

<sup>4</sup> Sheikh Abdulaziz Mansour. Translation and interpretation of the meanings of the Holy Qur'an. - T.: "Tashkent Islamic University", 2015.

law, lack of understanding of religion, material development, lack of culture, some of these are the reasons for the disappearance and disintegration of the family and the emergence of various problems.

Reasoning is in order: according to scientists J. Tashkulov, N. Yusupova in their works entitled "Islamic jurisprudence", French scientist R. Charles writes: "The Muslim family, despite its compactness, is a more stable social structure than the family that we, European society, understand. is a cell"<sup>5</sup> Of course, in Muslim families, the head of the family is given great powers. The main goal of this is people who lighten the burden of the family, think about the consequences of every work, and manage the family with patience. What are the factors contributing to the destabilization of the stable cell mentioned by the French scientist today?

Unfortunately, even in our country today, the increase in the number of divorces, the escalation of family disputes, the rooting of violence in the family, and the future of innocent children, their psychology, as well as the lives of two people, are becoming miserable as a result. The problems that cause two couples to reject each other are different. If we compare a husband and a wife to two sides of a scale, its balance applies to both sides. If one side is more indifferent, the balance is disturbed. But the parents, who act as a lever holding these two sides together, are the cause of the problems in the family.

There are families from different strata in our society. We will divide them into the following content and types:

- 1) According to completeness: complete, incomplete, restructured;
- 2) According to the number of children: childless, one-child and multi-child;
- 3) According to the age of the family: young family, middle-aged family, mature-aged family;
- 4) According to the level of training: high and medium
- 5) By nationality: national and international;
- 6) According to the leadership of the husband or wife in the family: the family in which the husband is the leader, the wife the leading family;
- 7) According to the legal formalization: family in probation, family in marriage extramarital family;
- 8) According to financial support: wealthy, middle-class, in need of social assistance (per capita income and personal property are taken as criteria).

If we connect the information listed above, we will try to find the cause and solutions of the problem. Among the main causes of conflicts in the family, we can cite the following cases:

Lack of knowledge and skills in family and family relations - this situation is mainly due to the fact that the culture of family life, marital relations and running a family is not formed in young and candidate families;

2) Parental intervention in young families - in such situations, mothers are often more active, asking their sons to divorce their wives and start a new family. In one of the hadiths: "Hasan: Did a man's mother order him to divorce his wife?" " was said. Then Hasan said: "Divorce is not one of the acts of doing good to the mother."<sup>6</sup>It is said that the meaning understood from this is that divorcing a wife is not something to make the mother happy, it is wrong for the mother to ask for a divorce, and even if she does not divorce, the child will not be a sinner.

3) One of the factors that cause family breakdown is adultery - this is the above-mentioned extramarital family, in fact it cannot even be called a family. It is sexual intercourse between a man and a woman without marriage. Our people consider adultery as a great sin, isn't the purpose of starting a family to avoid adultery and keep the lineage pur

4) Another conflict in the family is childlessness, which occurs as a result of young people who are candidates to start a family blindly undergo a medical examination, and parents hide the defect of a girl or a boy;

5) Alcoholism and drug addiction is probably one of the sore points of all society. One of the causes of disorganization and loss of well-being in the family is that the husband divorces his wife as a result of his drunkenness and quarrels, which leads to the weakening of relations between brothers, sisters and even parents;

<sup>5</sup> Charles R. Musulmanskoje pravo. - M.: "Izdatelstvo inostarnoy literatury", 1959. - S. .54.

<sup>6</sup> Sheikh Muhammad Sadiq Muhammad Yusuf. Happy family. - T.: "Crescent edition" 2018. - P. 456.

- 6) Another factor that causes family breakdown is greed for property. If we look at our days, how many women go to foreign countries in order to earn money and become victims of extremism and various scandals;
  - 7) Another reason for family disputes is lack of patience. The concepts of patience, endurance, mutual support for the material or spiritual support of the family are disappearing;
  - 8) Bypassing the criteria of weddings and ceremonies in our society. Everyone chases after their dreams, oblivious to the fact that their children are unhappy, and their goals are to achieve everything from lavish weddings and expensive clothes to household items that everyone covets. Don't they think that marriage is only to announce to everyone that two young people are honestly married and to receive the blessing of many people;
  - 9) There is almost no information about how the family should be and how to protect it in religious and secular matters;
  - 10) They do not understand the role of parents for the development of children in the family, although children are not only parents, but also sprouts of hope that determine the bright future of the society and the nation.
- It is our great task to find a solution to the above-mentioned family disputes. Prevention of the causes of family disputes consists of the following.

Firstly, expert psychologists and family centers should conduct explanatory work once a week on how to maintain family relations in young and middle-aged families and what to pay attention to in order to strengthen them;

Secondly, continuous screening of short video films on the theme of "symbol of an exemplary family" at the neighborhood, district and city level.

Thirdly, realizing that the family is one of the main guarantees of the development of the society, publish a sample collection of books about the danger of children's lives and the life of the society as a result of family disputes;

Fourthly, to conduct seminar trainings in order to prevent family disputes and their prevention in educational institutions, organizations and institutions;

Fifth, in order to explain to parents that their dream of living in a castle built on a grain of sand is actually a sad situation for their child's prospects, religious scholars and family center leaders starting from the neighborhood hold twice a month interviews.

Sheikh Muhammad Sadiq Muhammad Yusuf. Happy family. - T.: "Crescent edition" 2018. - P. 456.

In this sense, President Shavkat Mirziyoyev, who deeply understood the positive and negative nature of the process in the family, emphasized in his speech: "The family is a homeland within a homeland. The sanctity of the family for me is that, first of all, no matter where the head of the family works, if he does not pay special attention to family education, family atmosphere, family honesty, attitude, education, there will never be any results. How much right does a person have to say he is happy? If you and your family are happy, you have the right to say that you are happy. "If not only my family, but my people are happy, I consider myself happy." In short, family disputes and their causes can have negative consequences for the development and fate of the whole society, not only the misfortune of men and women. After all, the family is the main institution for children's socialization. In the family, the father is an example for the child, and the mother is a teacher, and for this, it is necessary for the parents to correct their shortcomings. Then they become real teachers. A strong family is a guarantee of development.

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