

Professional Education in Adolescent Period Psychological Characteristics

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Abstract: It consists in developing generalized conclusions, recommendations based on theoretical and practical analyzes of the problems of "psychological characteristics of professional knowledge in adolescence" and researching the scientific and practical aspects of the development of professional interests in accordance with the requirements of today's society and giving theoretical and practical psychological advice.

Keywords:

Relevance of the topic: Today, as in many countries, fundamental reforms in all spheres have begun in independent Uzbekistan, which has its rightful place on the world map. All these reforms have raised the human factor to a higher level than ever before and directly connected his strength, perception, potential, mental and spiritual perfection with progress, development and civilization. From this, the problem of a person and his perfection, working on himself, worrying about his perfection has become more urgent than ever.

"Each person has a certain intellectual potential. If the necessary conditions for the full manifestation of this inner power are created, then every person can use the unique talent that God has given him, first of all for himself, for the well-being and happiness of his family, nation, people and state. , fully devoted to its benefit, such a society will achieve such a strong development that it is not easy to even imagine its speed and effect."

Preparation for the future profession, formation of people commensurate with the requirements of the profession, a new approach to their personality is a necessary requirement of current social development. Based on this, special attention is paid to the organization of improving the professional skills of each specialist, creating conditions in each team, and training competitive personnel who work independently. This, in turn, requires the creation of conditions for continuous improvement of the skills and general level of each specialist. As can be seen from the above, the theoretical and practical study of the organizational-pedagogical and social psychological problems of improving the professional knowledge of specialists in all fields is an urgent issue.

The purpose of the study: It consists in developing generalized conclusions, recommendations based on theoretical and practical analyzes of the problems of "psychological characteristics of professional knowledge in adolescence" and researching the scientific and practical aspects of the development of professional interests in accordance with the requirements of today's society and giving theoretical and practical psychological advice.

Research materials and methods: Early adolescents begin to realize their desire to find their place in life. He begins to act in order to realize his life plans, begins to take up a certain profession or continues his studies in this field. Adolescents cannot be considered adults. Because childhood can be observed in their personal characteristics. This can be seen in their thoughts, attitudes towards life and their future. Many teenagers are irresponsible in choosing a career by the time they finish school. This period is characterized by moral self-awareness and the transition to a new stage of morality. Adolescents with a well-developed intellect can understand and discuss issues that concern adults. Adolescents think of answers to many problematic questions. They are more interested in moral issues. If teachers are the source of solving moral issues for students of junior school age, then teenagers will look for answers to these questions more among their peers. Adolescents turn to the sources used by adults more than finding the right answer to a question. Such sources are mainly real, multifaceted, complex human relations and scientific and popular artistic, journalistic literature, industrial works, press, radio, television.

Research results: psychological preparation for professional self-awareness is formed during adolescence. This shows a certain level of maturity of the person. Psychological preparation for self-determination includes the following:

- development of needs that ensure personal maturity;
- development of awareness of one's abilities and interests and critical attitude towards them as the basis of individuality.

Many researchers consider the realization of professional identity as a long-term process. Realization of professional identity is a complex and multi-stage process, based on the demands of society, an individual way of life is formed. In the process of realizing the professional identity, the division of labor is determined by considering the possibilities.

The study of professional knowledge made it possible to determine the current issues in the direction of choosing a profession by determining the level of formation of students' professional abilities and skills. According to the results of the IPS method conducted with students, the method of determining professional motives, and interview methods, 70-80% of the studied respondents will acquire professional knowledge after coming to vocational colleges, and the same showed that there are conditions for the formation of professional skills in the middle section of the lim. According to the indicators of the results of the experiments, students who come to the first stage will not have a full understanding of professions, their essence, and their place in society. During the next stage of education, the professional interests of the students are studied, and the development of the work of directing them to the profession based on their interests strengthens the professional knowledge of the students. Full opportunities for formation of professional skills and qualifications will be created. Of course, for this purpose, it is possible to achieve the intended goal if the engineer pedagogues and specialist teachers properly organize professional orientation work with students. The experimental study of psychological processes in the system of scientific psychology proved once again in the research process that the formation of professional abilities and their role in personal activity is one of the most urgent issues of today. Professional interests and the development of professional abilities, knowledge, and professional skills of students based on them play an important role in the future occupation of each student. means the essence. through this, students will have the opportunity to acquire the right profession based on their abilities and interests, and their professional skills will be formed based on their professional knowledge.

Conclusion: What kind of profession a child chooses is a very important life issue, and in order to solve it, the family and the school team should conduct career guidance based on certain results and be planned. Because in the future, the child's position in society and occupation depends on how the above activities are carried out.

The youth's knowledge of professional skills and qualifications will be increased. It was proved that the determination of the motivations for choosing a profession is an important factor in their career guidance. also

1. Starting professional knowledge from school education increases the possibility of forming professional skills in students and helps to make the right choice of profession.
2. Opportunities to develop professional skills based on students' professional interests will increase.
3. It is appropriate to develop professional orientation work in solving the problems of improving professional knowledge and developing motives of attitude to the profession in the vocational college system.
4. Psychological counseling and professional orientation work will be developed and properly implemented. The need to qualitatively improve the content of professional education at the Vocational College has been proven.
5. Cooperation between teachers and parents was developed in psychological education and psycho-orientation work.

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