

Problems of Improving the Culture of Family Relations in Youth

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Abstract: In this article, issues such as the importance of strengthening family relations, family upbringing, development of society, family well-being, maturity and moral integrity of young people are researched as an important factor in the implementation of the goal.

Key words: society, family, women, youth, activity, mature generation, spirituality, value

Introduction

Every state building its spiritual life and future is formed and strengthened on the basis of moral values such as goodness, humanity, honesty, dedication, kindness, conscientiousness, and justice. Formation of the outlook and consciousness of the young generation on the basis of moral values and teaching them to apply them in practice ensures the organic growth of the mature generation in every period. It is known that raising a perfect person in society requires not only creating the necessary conditions, but also relying on spiritual maturity and moral excellence. The formation of qualities of loyalty and devotion to the Motherland, which are common to these issues, does not appear by itself. Therefore, it is not a secret to anyone that serious changes are taking place in the field of family relations, as well as in all spheres of society's life, in the family in terms of raising a mentally and physically fit young generation. It is known that the family is an integral part of society. Society is also made up of families, and the stronger the family, the stronger the society. The family is considered sacred and inviolable, and society is extremely interested in a healthy family in terms of spirituality and morals.

Discussion

It is important not to forget the culture of family relations, its historical connection with social-historical, cultural-educational processes, and the impact of the family environment on the individual's spirituality in raising a mature generation.

As recognized in Article 63 of the Constitution of the Republic of Uzbekistan, "the family is the main link of society and has the right to be under the protection of society and the state" [1]. This means that family rights are protected by law.

In our country, raising the morale of society, adapting families to socio-cultural life, and developing the culture of family relations is one of the urgent issues today. Therefore, in our developing country, the family issue has risen to the level of state policy. In particular, it was established in our Constitution that the family is under state protection [2].

Also, the adoption of the "Family" Code in our Republic and the Decree of the President of the Republic of Uzbekistan No. PF-60 of January 28, 2022 "On the Development Strategy of New Uzbekistan for 2022-2026" and No. PF-5106 of July 5, 2017 "A State for Youth "On increasing the effectiveness of the policy and supporting the activities of the Youth Union of Uzbekistan" is important.

At the same time, Decree No. PF-5938, adopted on February 18, 2020, "On measures to improve the socio-spiritual environment in society, further support the neighborhood institution, and bring the system of work with family and women to a new level" is recognized as the legal basis for the development of work in this field [3].

The family environment plays an important role in forming a child's worldview and determining moral standards. It is extremely important that women are responsible for raising children in the family and for the stability of the family. Therefore, it is necessary to pay attention to the following opinion expressed by President Sh. Mirziyoyev: "Our dear women, precious mothers, loving wives, munis sisters, beloved daughters

and granddaughters, who are the priceless miracle of the Creator, always take care of us to overcome all obstacles in life and achieve our goals, and always give us unlimited confidence, strength and support" [4].

As the enlightened scientist Rezauddin Ibn Fakhridin wrote: "Although a woman teaches her child beautiful things with her tongue, if her actions are bad, she is considered to be teaching bad manners. After all, young children imitate what they see from their parents. A parent's example for a child is the judgment of nature" [5]. The presence of mutual respect, honor, and love in the family is the presence of real education.

In the family, the child learns the mother tongue, national customs and traditions, including work traditions, and a certain attitude to work is formed under the direct influence of parents. For this, the child growing up in the family should enjoy not only the traditional work education inherited from the ancestors, but at the same time all forms of modern work, the role of the mother as well as the father in learning foreign best practices is important.

It should be noted that today's global changes, including the process of globalization, require a new approach to family work education. In our Republic, which operates in the conditions of socially oriented market relations, the main goal of every family should be to cultivate entrepreneurial qualities in them, to develop the ability to live comfortably with their own labor, in order to free the youth from the attitude of childishness. Women who are family leaders and mistresses play an important role in this work.

A public opinion poll was conducted by the Republican Public Opinion Research Center "Social Opinion" within the framework of the Strategy of Actions on five priority areas of development of the Republic of Uzbekistan and the concept of strengthening the family institution in the Republic of Uzbekistan. According to him, generations pass through the family, and the human race continues. In the imagination of 66.3% of citizens, the family is the primary and important institution of society, which forms the basis of the state [6].

If the father is a hard worker, if the mother is intelligent and thrifty in managing the household, these qualities are important in the upbringing of children.

Although our distant ancestors did not know arithmetic, the four actions, but they lived with complete frugality. Of course, the activity and example of mothers in these matters is incomparable. To run a household, one should know how to keep accurate calculations, spend according to income, which products to buy before shopping, how to store and sort the products. Most of these tasks fall under the responsibility of the housewife and require her skill in household management. The proverb of our people, "A good wife turns a handful of flour into bread, a bad wife turns a sack of flour into dust" is not said in vain.

After all, a thrifty woman makes the family prosperous and sets a high example for her sons and daughters in this regard. Thrift is not avarice as some people think, it has nothing to do with greed. It means to spend money wisely, to manage the economy wisely, to use food products appropriately and to save things [7]. So, every mother in the family shows enthusiasm in raising the future members of this society.

Conclusion

The highest value in the Uzbek family is mutual love and trust. From the day a new family was created, the endless love of the couple for each other ensures that the so-called family fortress will always remain intact. The one who comes into the world filling this fortress with happiness will breathe this air and will grow up as the successor of our immortal values called love.

The family is the first and most important educational school. Nothing in life can take the place of a family in raising a child. Most of the child's life is spent in the family.

As Yusuf Khos Hajib wrote, "If a good deed enters with white milk, it will not change its way until death comes" [8]. This is the social essence of women's greatest responsibility, so to speak.

In short, the development of the society depends on the well-being of the family, the maturity of the youth, the height of the family culture and the spiritual perfection.

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