

# Methods for Improving Quality of Reading in the Family

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**Abstract:** Scientific and factual information is provided about the methods of forming the spiritual quality of reading in the family.

**Keywords:** Family, book, education, upbringing, reader, research, value, humanity.

Looking at the history of the development, development of society and the nation, the role of educated, spiritual and enlightened youth in the rise of society is incomparable. One of the main factors that harmoniously brought up such young people-the means of reading-was considered a book. The book glorifies a person, fosters such human qualities as love for the motherland, humanity, a sense of gratitude for the life in which he lives, kindness and kindness to others, sharing good with the people around him. The importance of the book in human life is valuable, it is an unquenchable light that illuminates the paths of human life, a source of happiness that gives meaning to human life, a faithful friend who accompanies in any situation.

Now that the XXI century is an age of information technology, today the emphasis for books is falling. We are witnessing a decrease in the number of readers and a devaluation of the books. It is not difficult to understand in which area of the book we will not look for enough, but if today's demand only knows how to work with the technique, but the subject that needs to be read will not be strengthened in the memory of what we read from the book. In previous times reading was the dream. Nowadays, it is important to remember that all conditions are valid, they must be used wisely, and there is also a way to use a mobile system.

"As the first president of the Republic of Uzbekistan Islam Karimov noted, "As far as the family, first of all, we must admit that the family is a hearth of upbringing, which ensures the eternity of life, the continuity of generations, keeps our sacred traditions, and at the same time directly affects how future generations become human beings." In the opinion of the president, the role of the family, first of all, in the education of faith and a healthy worldview, is emphasized. Therefore, the task of studying laws related to the fundamental essence of folk traditions, in particular, national values preserved in family interaction, based on all educational work related to the upbringing of children in the family and neighborhood system, as it turned out, the research of their social psychological conditions, the implementation of the obtained results into practice is dictated by the period itself.

The family is one of the most important social factors of ideological education, it is the basis of society. It has centuries of solid spiritual supports. The very first concepts inherent in our national ideology are absorbed, first of all, in the family environment. This process is carried out through the step of the grandfathers, the sign of the father, the love of the mother. A healthy environment in the family is a source of the formation of a healthy ideology. Today, the issues of reading in the formation of beliefs in children in relation to just such values through such an influential social institution as the family, and thus the formation of positive social relations in relation to the family, are one of the pressing issues.

Because the family is a unique space that has been preserving and showing folk traditions, National Painting-rusms and habits, interest in books for centuries. In the views of dozens of scholars, such as Ahmad Al - Fergani, Mahmud az-Zamakhshari, Abu Nasr al-Farabi, Abu Bakr Muhammad ibn Al-Abbas Al-Khorezmi, Abu Rayhon Beruni, Ibn Sina, interest in the book in child education as the most important social factor was expressed in the principle of family, the worldview of the parent, methods of upbringing and the compliance of Various aspects of this issue are also covered in a number of published brochures and books, scientific and popular articles.

The president also emphasized that the role and importance of the book in the education and education of the younger generation is immeasurable, noting that "at the same time, along with mastering the latest

achievements in the field of information and communication, it is necessary to pay special attention to increasing the interest of young people in reading books, making them friends based on these points, it is important for parents to be an example for yourself to interest your child in a book, to read or tell a story from the book you read, to choose the appropriate points for the child's age, to form your family library, to organize a separate section for the child, to choose and buy books suitable for the child, taking it from time to time to a library and bookstore designed for the little ones will be an excellent light on the light.

As all the criteria for upbringing in the family are formed, the culture of reading also gives a good effect if it starts from this place. Because the saying "The Bird does what it sees in its nest" is not said to the vain. There is no sad situation when a parent eats up a child only by thinking about his material side, and his inner world forgets about his desires and spiritual desires. It is also considered the initial foundation for human beings to establish themselves in the way of life that takes place before their eyes. Therefore, before making a request stop it is necessary to ask the question whether I was able to do this myself and serve as an example for this.

Let's say that in order to be a reading child, in this case, when a parent brings a world of books to the child and leaves one sheet at a time, it will attract the attention of the child. Why reproach yourself that you did not read is wrong. It is useless if the fathers do not refuse the phone and the mothers do not pay attention to the bookcase in the family, if they do not tell the children that the reading of the book is a newspaper and that it is possible to be aware of the news, that the book is the best friend, that the book must be read It is not for nothing that the upbringing of the family will experience difficulty if the books are covered with dust. Therefore, our leader does not say in vain that read a book, raise spirituality, thereby encouraging people to look at life with real eyes and saying that it is necessary to create a culturally enlightened and spiritual society.

If in the family the parent respects each other, takes the upbringing of children seriously, makes good use of free time, follows the order to the extent that the parents themselves follow the example, can reach the level of an exemplary family, there must be no beautiful, happy family from them in my view.

In the Holy mask, it is a good effect for parents to become role models for themselves and to read books on their own in order to increase children's interest in the book. A child brought up in such a family will also be fond of a book if the parents in the family have a love for a book, the worldview of such children, the range of their thinking will be wide. A good-natured, kind child, an intellectual who tries to do as much good as possible to others, who does every word he says, thinking about what he does, in a word, tries to show in himself the qualities of a harmonious personality.

The systematic conduct of reading in the family environment further increases the effect of the expected result. The fact that parents tell children from youth to Uzbek folk tales brings up in children such human qualities as hard work, sincerity, hospitality and such concepts as respect and reverence for national, universal values.

In addition, we will introduce our scientists such as Alisher Navoi, Farabi, Abdullah Avloni, Niyazi, Yusuf Khos Khojib, Jalaliddin Rumi, and their thoughts of educational importance will serve as the main source in the upbringing of the child.

Our great-grandfathers also noted that the role of the book in the education of children is great, it is necessary to enrich the human spiritual world as an inexhaustible wing of thought, to appreciate it as a highly creative and creative tool, and to use it effectively.

Experts called the First Age period of a child's life "the period of miracles." During this period, children are prepared to read books. In doing so, they must first learn speech skills, hearing and speaking perfectly. The process of forming children's interests in the book can certainly give a very positive result if we start with the family, and then the expected result can be more effective if we continue to cooperate with the family in preschool organizations.

The selected books must first of all meet the pedagogical and psychological requirements. The most unique discovery made by mankind is also a book that raises us from the earth to the Blue, leads us to perfection, brings light and warmth into the hearts of people, helps to consciously convey the difference between black and white, good and evil, destructive creativity.

Recently, the attitude towards the book has changed. With the advent of television and computer, the flow of information fell on a person with unprecedented power. Now it is absolutely not necessary to study in order

to know and be aware of the latest achievements of scientific thought. It is enough to get information from the TV screen or display. Children master the computer before learning to read, move better on the keyboard than on the contents of the book. How to arouse interest in reading a book, How to develop IT, support-this, in my opinion, is one of the most important tasks not only for schools, but also for preschool institutions. The awakening of interest in the book occurs in preschool age, and here the family should play a leading role.

Today, systematic work is being carried out to increase the level of interest and reading among young people and the population in books and to widely promote reading. In the process of widespread introduction of reading in practice, we can first of all reconstruct existing libraries, update their material and technical base, provide the necessary scientific and artistic literature, widely introduce and effectively use modern innovative technologies in the activities of libraries.

In conclusion, it should be said that the basis of all noble works, creative ideas is the book. It is also a book that radiates to us the rays of Science, which is why it is an excellent light on the light if we start from the family of interest in the book today and for this we form libraries that are age-appropriate for them. At the base of the formation of reading skills in a child lies the development of oral speech and an increase in love with a book. If we began to rely on the family to accompany and advise our youth capable of great deeds on the paths of life, a faithful friend for life, we would contribute to the upbringing and upbringing of Creative Youth worthy of our future great country.

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