

Acute Kidney Injury in Critically Ill Cirrhotic Patients with Spontaneous Bacterial Peritonitis

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Summary: Introduction: Acute kidney injury (AKI) is an important independent predictor of mortality in cirrhotic patients with spontaneous bacterial peritonitis (SBP). However, the definition of AKI in cirrhosis has been debated for many years. This study aims to compare the prediction accuracy of Kidney Disease: Improving Global Outcomes (KDIGO) and International Club of Ascites (ICA) criteria for hospital mortality in cirrhotic patients with SBP admitted to the intensive care unit (ICU).

Material and methods: Two hundred and sixteen cirrhotic patients with SBP consecutively admitted to the ICU during 2010–2017 were retrospectively analyzed. Demographic parameters and clinical variables were collected with case report forms. Risk factors for hospital mortality were identified through a multivariate logistic regression analysis. The predictive value of ICA and KDIGO criteria was analyzed by the area under the receiver operating characteristic curve (AUROC). The primary endpoint was hospital mortality.

Results: Overall hospital mortality in our population was 73.6%. Incidence of AKI was 83.8% and 81.5% according to the KDIGO and ICA classifications respectively, associated with increased in-hospital and 180-day mortality. The AKI was an independent risk factor for hospital mortality. The risk factor of AKI according to KDIGO was greater than that of ICA. However, the predictive ability of ICA criteria for in-hospital mortality was non-inferior to that of KDIGO criteria ($p = 0.123$).

Conclusions: Both ICA and KDIGO criteria were good tools with excellent prediction performance for hospital mortality in cirrhotic patients with SBP admitted to the ICU.

Key words: *cirrhosis, spontaneous bacterial peritonitis, acute kidney injury, mortality*

Introduction

Spontaneous bacterial peritonitis (SBP) is a common and life-threatening complication in patients with cirrhosis, associated with significant morbidity and mortality [1]. The hospital mortality in hospitalized patients with cirrhosis and SBP ranges from 20% to 40% in different investigations [2–5]. Due to their poor prognosis, patients with cirrhosis and SBP often need to be admitted to the intensive care unit (ICU). However, the mortality in ICU-admitted cirrhotic patients with SBP has seldom been reported. The authors observed that the in-hospital and 100-day mortality in ICU-admitted cirrhotic patients with SBP were 43% and 99% respectively [6]. Given the unacceptably high mortality in patients with cirrhosis and SBP admitted to the ICU, there is an urgent need for accurate methods of prognosis assessment and risk stratification. Acute kidney injury (AKI) is very frequent in cirrhotic patients with SBP, with a good predictive value for in-hospital mortality [2]. Moreover, a systematic review including 18 articles demonstrated that renal dysfunction is the most important independent predictor of mortality in cirrhotic patients with SBP [7]. However, the definition of AKI in cirrhosis was debated for many years until the International Club of Ascites (ICA) approached a consensus definition for the diagnosis of AKI in patients with cirrhosis in 2015 [8]. Compared with the previous Kidney Disease: Improving Global Outcomes (KDIGO) criteria [9], the use of urine output was removed in the new ICA criteria, since cirrhotic patients were often oliguric with avid renal sodium retention and yet may maintain a normal glomerular filtration rate (GFR) [10] and urine output documentation was often inconsistent and inaccurate in regular wards. To our knowledge, the prediction accuracy of the new ICA criteria and its comparison with the KDIGO criteria have never been evaluated in ICU-admitted cirrhotic patients with SBP. The aims of this study were to determine the incidence of AKI in

critically ill cirrhotic patients with SBP according to the KDIGO and ICA criteria and to compare their prediction accuracy for hospital mortality.

Material and methods

Patient information and data collection

This investigation was conducted in a hospital. In this study, we included 216 consecutive patients with cirrhosis and SBP admitted to the ICU between 2018 and 2023. The criteria for ICU admission were established according to Guidelines for intensive care unit admission, discharge, and triage [11]. The following patients were excluded: 36 patients with documented chronic kidney disease, 1 patient with obstructive uropathy, 7 patients with severe cardiac-cerebral vascular events, 2 pregnant patients, and 33 patients without complete data. Blood and urine routine test, blood biochemical test, coagulation function test, arterial blood gas analysis, chest radiograph, ultrasound examination, etc. were conducted among all the patients admitted to our ICU, and urine output was recorded by nurses per hour. Retrospective data were collected with case report forms, including demographic data, primary diagnosis, underlying disease, cirrhosis-related complications, biochemical analysis, Acute Physiology Age Chronic Health Evaluation II (APACHE II); Sequential Organ Failure Assessment (SOFA), Model for End-stage Liver Disease (MELD), and Child-Pugh score at the first day of ICU admission, duration of hospitalization, and in-hospital mortality. 180-day mortality was acquired from medical records or telephone interview. Definitions Diagnosis of cirrhosis was based on past medical history, radiological evidence of liver nodularity, endoscopic signs of portal hypertension, or liver biopsy [12]. Diagnosis of SBP was based on the presence of ascites fluid, absolute neutrophil count > 250 cells/ ml [13] and the absence of features suggestive of secondary bacterial peritonitis (Table I [14]). Sepsis was defined as an acute change in SOFA score ≥ 2 points attributed to the infection [15]. Hepatic encephalopathy was defined according to the West Haven criteria [16]. Diagnosis of pneumonia was based on radiographic finding of pulmonary infiltration associated with relevant clinical signs (fever, cough, dyspnea, or purulent sputum). The AKI was defined and classified according to ICA and KDIGO criteria (Table II). The peak AKI stage during the ICU stay was used. The last serum creatinine within the previous 3 months before hospitalization was used as the baseline serum creatinine. In patients without previous serum creatinine, the first serum creatinine during hospitalization was used [8, 17]. A predictive model for hospital mortality was applied as follows: non-AKI (0 points); ICA stage 1, and KDIGO stage 1 (1 point); ICA stage 2, and KDIGO stage 2 (2 points); ICA stage 3, and KDIGO stage 3 (3 points). Ethics approval and consent to participate This clinical study was conducted in compliance with the ethical principles of the Declaration of Helsinki and its later amendments.

Table I. Characteristics of secondary bacterial peritonitis

Ascitic fluid analysis: <ul style="list-style-type: none">• Absolute neutrophil count > 250 cells/ml• Multiple organisms on gram stain and culture• Runyon's criteria (at least 2 of the following findings): total protein > 1 g/dl; glucose < 50 mg/dl; lactate dehydrogenase greater than the upper limit of normal for serum; carcinoembryonic antigen > 5 ng/ml or alkaline phosphatase > 240 units/l
Poor response to treatment: <ul style="list-style-type: none">• Repeat paracentesis after 48 h with: absolute neutrophil count > pre-treatment value; persistence of bacteria on culture.• Persistence of fever and signs of peritonitis
Abnormal structural findings on imaging procedure

patients with cirrhosis and SBP admitted to the ICU between 2018 and 2023. The criteria for ICU admission were established according to Guidelines for intensive care unit admission, discharge, and triage [11]. The following patients were excluded: 36 patients with documented chronic kidney disease, 1 patient with obstructive uropathy, 7 patients with severe cardiac-cerebral vascular events, 2 pregnant patients, and 33 patients without complete data. Blood and urine routine test, blood biochemical test, coagulation function test, arterial blood gas analysis, chest radiograph, ultrasound examination, etc. were conducted among all the patients admitted to our ICU, and urine output was recorded by nurses per hour. Retrospective data were

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Definitions

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Statistical analysis

Normally distributed variables were presented as means and standard deviations while non-normally distributed variables were presented as medians with interquartile ranges. Normality was tested by the Kolmogorov-Smirnov test. Normally distributed variables were compared by Student's t test and non-normally distributed variables were compared by the Kruskal-Wallis test. Categorical variables were presented with proportions and compared by the χ^2 . Risk factors associated with in-hospital mortality were identified through multivariate logistic regression analysis. Predictive accuracy was assessed by the area under the receiver operating characteristic curve (AUROC). A nonparametric approach was used to compare the areas under the two ROC curves [18]. The Kaplan-Meier approach was used to determine survival curves, and a log-rank test was employed to compare the differences between the curves. Data were analyzed using SPSS 19.0 for Windows (SPSS, Chicago, IL, USA), and a p-value less than 0.05 was considered statistically significant. Results Subject characteristics Two hundred and sixteen patients with cirrhosis admitted to the ICU during 2010–2017 were enrolled in this investigation. Their mean age was 57.6 years; 174 (80.6%) patients were male. The overall in-hospital mortality was 73.6% (159/216), and the 180-day mortality was 87.0% (188/216). Survivors and non-survivors were similar in age, sex, weight, causes of cirrhosis, alanine aminotransferase, hypertension, diabetes, hepatic encephalopathy, upper gastrointestinal bleeding and pneumonia. Non-survivors had higher serum creatinine, bilirubin, international normalized ratio (INR), SOFA, APACHE II, MELD, Child-Pugh score, lower serum sodium, albumin and shorter lengths of ICU and hospital stay. A higher proportion of non-survivors had sepsis. Liver disease was mostly attributed to hepatitis B viral infection (42.6%).

Discussion

This study provides some information about the prevalence and prognosis of AKI in ICU-admitted cirrhotic patients with SBP. AKI was shown to be an independent risk factor for in-hospital mortality, regardless of the ICA or KDIGO criteria. The presence and severity of AKI were associated with a significantly graded risk of mortality in patients with cirrhosis and SBP admitted to the ICU. Both ICA and KDIGO criteria had a good predictive ability for hospital mortality in ICU-admitted cirrhotic patients with SBP. Previous studies demonstrated that approximately 30% of cirrhotic patients with SBP presented with

renal impairment [19, 20]. However, few studies have investigated the incidence of renal impairment in those admitted to the ICU. An investigation from the Institute of Liver and Biliary Science, New Delhi, demonstrated that AKI occurred in 45.41% (99/218) of patients with cirrhosis and SBP admitted to the ICU [6]. In our study, the incidence of AKI was 81.5% according to ICA criteria, and 83.8% according to KDIGO criteria, which was significantly higher than that of the previous investigations. The difference of AKI prevalence may be related to the diversity of AKI definitions and different clinical settings. Furthermore, the investigation from New Delhi only considered the baseline AKI level at ICU admission, and the AKI incidence would have been much higher if the patients who acquired AKI during the ICU stay had been included as well. In all, AKI occurs in about 19% (293/1544) of patients with cirrhosis according to a review article [21]. For cirrhotic patients with SBP, the incidence of AKI increases to approximately 30% [19, 20]. Although there is not enough evidence, it is likely that AKI is very frequent in critically ill cirrhotic patients with SBP. This needs to be validated in further large prospective cohort studies. Isolated serum creatinine is inaccurate in the diagnosis of renal impairment in patients with cirrhosis since they often have a low level of serum creatinine owing to the reduced hepatic production of creatinine from creatine and muscle wasting. Given the limitations of isolated serum creatinine, the ICA developed a new consensus definition for the diagnosis of AKI in patients with cirrhosis based on KDIGO criteria [8]. However, the urine output was removed in the new consensus definition of AKI, which raised some arguments about the use of urine output in patients with cirrhosis. A recent study from the University of Pittsburgh reported that patients with oliguria had a nearly 3-fold increased rate of hospital mortality compared with patients without AKI in critically ill patients with chronic liver disease [22]. In our study, the predictive ability of ICA criteria was non-inferior to that of KDIGO, in spite of removal of urine output. Although our study included a relatively small cohort of patients, the difference of AUROC between ICA and KDIGO criteria might be of statistical significance when validated in a larger cohort study

Many studies have reported that renal impairment was an important predictor for hospital mortality in patients with cirrhosis and SBP [19, 20]. A systemic review from Yale University School of Medicine showed that renal dysfunction was the most important independent predictor of mortality in cirrhotic patients with SBP [7]. de Araujo et al. validated the predictive value of AKIN (Acute Kidney Injury Network) criteria in cirrhotic patients with SBP and concluded that AKIN criteria were useful to predict mortality in patients with SBP [2]. In de Araujo's study, AKIN criteria were also performed without urine output, which was similar to the ICA criteria. Though the predictive value of AKI was also great after the removal of urine output, we still could not deny the possibility that incorporation of urine output into the AKI criteria might improve the predictive value of AKI for prognosis, something which needs to be validated in future studies. Many investigations have reported that the hospital mortality in patients with cirrhosis and SBP was 20–40% [2–5, 23, 24]. The overall in-hospital mortality was 73.6% in our study. The prognosis in our investigation was worse than those of previous studies, which might be because those studies were conducted in regular wards. Patients admitted to the ICU suffered from more organ failures and comorbidities, which was the primary reason that the mortality was higher in our study than that of patients with SBP in regular wards. The investigation from the Institute of Liver and Biliary Science, New Delhi, reported that the 20-, 40-, and 60-day mortalities were 83.0%, 95.4%, and 99.5% respectively in patients with cirrhosis and SBP admitted to the ICU [6], whose prognosis was also significantly worse than that of the investigations in regular wards. Nevertheless, AKI was still an independent risk factor for hospital mortality in cirrhotic patients with SBP admitted to the ICU when confounding factors were included in the logistic mode for adjustment. To our knowledge, our study is the first to evaluate the predictive value of the new ICA-AKI criteria for hospital mortality in patients with cirrhosis and SBP admitted to the ICU. The study showed the high incidence of AKI in ICU-admitted cirrhotic patients with SBP. On the other hand, several limitations should also be considered in our study. First, this study suffers from potential biases related to its retrospective design. Second, this investigation was performed at one academic tertiary-care medical center; the results may not be extrapolated to other centers. Finally, our conclusion may not be applicable to patients outside the ICU. In conclusion, this study showed a high incidence of AKI in patients with cirrhosis and SBP admitted to the ICU. Critically ill cirrhotic patients with SBP presented a poor prognosis which was directly associated with the presence and severity of AKI. AKI was an independent

risk factor for hospital mortality irrespective of the applied criteria. Both ICA and KDIGO criteria could predict hospital mortality in cirrhotic patients with SBP admitted to the ICU

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