

Mechanisms of Rehabilitation and Training of the Disabled

Ezoza Tursunaliyeva

Lecturer, FerSU

Nigora Teshaboeva

Student, FerSU

Annotation: The implementation of the main directions of rehabilitation and rehabilitation of the disabled involves the use of technical means for the rehabilitation of the disabled, the creation of the necessary conditions for the unhindered access of the disabled to social, engineering and transport infrastructure facilities. The article also provides information on the rehabilitation of disabled people and their families, the rehabilitation of disabled people.

Key words: social work, rehabilitation, technical means, rehabilitation, infrastructure, adaptation mechanism, international standards.

Introduction

There are currently more than 700,000 disabled people living in Uzbekistan, including more than 100,000 disabled children under the age of 16. The adoption of the Law on the Rights of Persons with Disabilities, which provides for the use of the term "disabled" instead of "disabled" in accordance with international standards and the requirements of the UN Convention on the Rights of Persons with Disabilities, served to express the rights and interests of representatives of the above category of our country. In a speech by the President of the Republic of Uzbekistan Shavkat Mirziyoyev at the 46th session of the UN Human Rights Council, he proposed the creation of a Regional Council for the full realization of the abilities of persons with disabilities.

Analysis And Methodology Of The Literature

The World Health Organization estimates that more than one billion people, or 15% of the world's population, have some form of disability, and only 5% of these disabilities are congenital. According to the United Nations Development Program (UNDP), 80% of people with disabilities live in developing countries. The World Bank estimates that 20 percent of the world's poorest people are people with disabilities.

People with disabilities make up the largest minority in the world, but unlike other minority groups, this group always has an open membership: any of us can become a member of this group at any time due to accident, illness or aging. Thus, disability is part of a person's life. In most cases, disability is considered to be caused by social, economic or political factors, accidents or armed conflicts. Now there are more factors leading to poor health, especially environmental pollution, HIV/AIDS and drug addiction. Disability is also a development issue because it is linked to poverty: disability can increase the risk of poverty, and poverty can increase the risk of disability. Up to 50% of disability cases are preventable and directly related to poverty.

Results And Discussion

Due to limited physical, intellectual and other health-related capabilities, people with disabilities are considered members of society who need the organization of special processes and social technologies for a full-fledged life. The technologies of social work with the disabled offer a sequence of actions based on the professional skills of a social worker, the activation of the personal resources of a person with a disability, individual techniques aimed at getting out of a difficult life situation. The result of the application of social work technologies is the complete or partial restoration of a disabled person in his family, social and professional activities.

The technologies of social work with people with disabilities are fundamentally different in content. Let us name the most important of them, which are often used in the practice of a social worker: the technology of social rehabilitation, social adaptation, social therapy, social diagnostics, etc.

Social rehabilitation of disabled people as a technology includes activities aimed at restoring the ability of a disabled person to live in a social environment. It consists of a socio-ecological orientation, social adaptation, socio-psychological, socio-pedagogical and socio-cultural rehabilitation.

The technology of social adaptation of a person with a disability is aimed at bringing his individual and group behavior in line with the existing system of norms and values.

Among the general technologies of social work with persons with disabilities, the technology of social therapy is of particular importance. It is the totality of techniques and methods of social, visual, musical creativity that ensures the inclusion of a person with a disability in the environment. The active participation of a person with a disability in various creative activities allows him to develop or compensate for his abilities, equalize or improve his social status.

Conclusion

Thus, the main criteria for the development of social skills of a disabled person are the following categories of life:

- self-care (the ability to independently satisfy the physiological needs of a person, cook food, perform daily household chores, maintain personal hygiene, plan a daily routine);
- self pleasant action;
- orientation (adequate perception of the environment, assessment of the situation, the ability to determine the time and place);
- communication skills (the ability to establish communication between people by receiving, processing and transmitting information);

Determining the social skills of a disabled person, determining the level of their formation is carried out using the methods of social diagnostics: observation, questioning, interviews, studying living conditions, analyzing documents.

Bibliography:

1. O'zbekiston Respublikasi Oliy Majlisi Senatining yettinchi yalpi majlisi to'g'risidagi AXBOROT Uzbekistan (15.05.2021)
2. President Shavkat Mirziyoevning BMT Inson huquqlari bo'yicha kengashining 46-sessiyasidagi nutqi 05/15/2021)
3. United Nations, 2008, "Coordinating Disability Issues on the Development Agenda (E/CN.5/2008/6)": www.un.org/disabilities/documents/reports/e-cn5-2008-6.doc
4. UN, 2006, "Some Facts About Disabled Persons", International Convention on the Frames of Persons with Disabilities: www.un.org/disabilities/convention/pdfs/factsheet.pdf
5. WHO, World Report on Disability,
6. Azamova, Z., & Tursunaliyeva, E. (2022). ROLE AND SOCIO-ECONOMIC SIGNIFICANCE OF THE PENSION SYSTEM IN THE SYSTEM OF SOCIAL PROTECTION. *Galaxy International Interdisciplinary Research Journal*, 10(10), 740-745.
7. Azamova, Z., & Tursunaliyeva, E. (2022). Reintegration of Persons Returning from Labor Migration and Their Employment. *Zien Journal of Social Sciences and Humanities*, 13, 122-126.
8. Tursunaliyeva, E., & Azamova, Z. (2022). Reintegration of Persons Returning from Labor Migration and Ensuring Their Employment. *Periodica Journal of Modern Philosophy, Social Sciences and Humanities*, 11, 171-175.
9. A'Zamova, Z., & Sharipova, K. (2022). YETIM VA OTA-ONA QARAMOG 'IDAN MAHRUM BO 'LGAN BOLALARNI MAKTABLARDA SIFATLI TA'LIM VA TARBIYA OLISHDAGI MUAMMOLARI. *Research Focus*, 1(2), 301-306.
10. Tursunaliyeva, E., Rohila, A., Nilufar, E., & Madina, T. (2023). MECHANISMS OF REHABILITATION AND TRAINING OF PERSONS WITH DISABILITIES. *Finland International Scientific Journal of Education, Social Science & Humanities*, 11(2), 343-346.
11. Tursunaliyeva, E., & Kubayeva, I. (2023). RISK FACTORS IN RELATIVE ATTITUDE TO CHILDREN. *Finland International Scientific Journal of Education, Social Science & Humanities*, 11(2), 347-350.

-
12. Shahnoza, M., & Umida, D. (2023). SOG'LOM TURMUSH TARZINI SHAKLLANTIRISH CHORA-TADBIRLARI. JOURNAL OF INNOVATIONS IN SCIENTIFIC AND EDUCATIONAL RESEARCH, 2(14), 140-143.
 13. Abduraxmonova, M., & A'zamova, Z. (2021). O'zbekistonda pensiya ta'minoti tizimini shakllantirishning muhim jihatlari. Internauka, (7-2), 91-93.
 14. Abduraxmonova, M., & A'zamova, Z. (2021). The world in reforming the pension system use of existing pension system models in practice. In SCIENCE TODAY: CHALLENGES AND SOLUTIONS (pp. 50-51).
 15. A'ZAMOVA, Z. A. R. N. I. G. O. R., & FOZILOV, O. VOYAGA YETMAGAN BOLALARNI HUQUQ VA ERKINLIKLARI. INTERNAUKA Founders: Limited Liability Company "Internauka", 91-93.