

The Role of Dental Hygienist in the Implementation of A Program for the Prevention of Dental Diseases in Preschool Institutions

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Annotation: This article about children is more prone to dental health than adults. The remains formed after eating food on the teeth are the main factor of the formation of caries. Therefore, caries in children and adolescents are more than. This is a painless procedure, since there is no abrasion on the teeth and children, it is possible to slow down the caries more easily with the help of this method of treatment. It is then an important treatment option for the healthy formation of permanent teeth.

Key words: teeth and children, dental diseases is one of the effective, healthy lifestyle in medicine and in particular the development

It is proved that the Prevention of dental diseases is one of the effective ways to reduce the spread of the main dental diseases (Khamadeyeva A.M.,2000; Leontyev V.K., Paxomov G.N., 2006; Fallmina E.M., 2006; Leos P.A.,2008). It has been proved that the implementation of a complex of measures aimed at promoting a healthy lifestyle in medicine and in particular the development of the direction of prophylactics in dentistry, prevention and activation of dental diseases is one of the effective methods. In groups of preschool children, the work of a dental hygienist is the most effective, since they cover the population of the group methods that are conducted for the Prevention of dental diseases the most. With the participation of a dental hygienist, the effectiveness of the prophylaxis program and a decrease in the growth of 75% of caries and oral diseases in children were determined. Effective performance of dental hygiene in programs for the Prevention of dental diseases in kindergartens was found to reduce the prevalence of dental phobia and the spread of bad habits in preschool children. In all developed countries of the world, the work of profiling is carried out by special personnel who are dental hygienists with a secondary medical education. In countries where prophylactic programs are carried out, dental diseases are reduced by 2-4 times.

Children's teeth decay faster than adults. They consume more products such as sugar and chocolate, and they cannot be as careful in the care of their teeth as adults. Chagdash says the dentist at will slow down the treatment and application of Fissure coverer for the Prevention of milk teeth and dental diseases in children.

When did the first teeth appear?

Although the primary teeth can be variable, they usually begin at the bottom on average after 6 months and end at about 3 years old. During this period, 20 milk teeth are placed symmetrically on the lower and upper jaws.

What is the importance of milk teeth for oral health?

Milk teeth-these are teeth that last in the postpartum period and serve until the cloudy age. Their structure is slightly different than that of permanent teeth. Because everything in our body has a function and something systematic, in addition to milk teeth. If the primary teeth are broken and prematurely receded, the side teeth are silenced and there will be no place on the permanent teeth from the lower side, therefore, for orthodontic treatment, permanent teeth will be needed. If they do not go out and cause chronic inflammation, it affects the calcification of the permanent tooth on the base and the overall health of the child. There is also the orientation of the primary teeth from the lower part to the permanent teeth.

Why do children's teeth break?

- Milk teeth contain more organic substances than permanent teeth, so they are prone to caries, and decay is easier and faster.

- Children cannot interpret such signals as cold-cold and mild pain, which can be felt at the early stage of caries in children. They notice this when there is a pain that can be very late.

• Children cannot pay attention to oral care, as adults do. The child's enthusiasm, curiosity and attitude of parents determine the habit of brushing teeth.

• Teeth are prone to decay due to improper nutrition.

Is it possible to completely prevent caries?

A vaccine or drug capable of preventing caries has not yet been developed, but today materials are being used to reduce the number of caries. Patients are treated with a method of treatment called crack Mastic.

What is a crack filler?

On the chewing surface of molars there are small depths called "Crack inde". To these grooves on the back teeth, crack mastic is rubbed. They have a white and transparent color and are liquid-based plastic materials. Sticking to the tooth enamel prevents the formation of caries and completely adheres to the dental cavity due to its liquid consistency. In this way, the process is carried out without any abrasion on the surface of the tooth.

How old can this process be applied to children?

The method of treatment with crack coating can be applied to permanent molars and molars from the age of 6 years. It can be used especially in children with permanent teeth.

What is the importance of Fissure Shutter for children's oral health?

Children are more prone to dental health than adults. The remains formed after eating food on the teeth are the main factor of the formation of caries. Therefore, caries in children and adolescents are more than. This is a painless procedure, since there is no abrasion on the teeth and children, it is possible to slow down the caries more easily with the help of this method of treatment. It is then an important treatment option for the healthy formation of permanent teeth.

How to prevent caries from Mastic without cracks?

Children cannot easily bite the honeycombs and protruding areas on the teeth. Food residues and bacteria also settle in these recesses, which leads to tooth decay. Since the crack seals are liquid and liquid, they can reach the deepest place of the small pits called fissures on the chewing surface of the molars and block these places, as well as prevent food residues and bacteria from sticking out.

Does the coating of cracks become obsolete over time? What to do to protect?

CONCLUSION

Crack coatings can become obsolete over time. However, studies have proved that the tooth can remain on the surface for a long time. Frequent consumption of solid foods (nuts, nuts, etc., for example, breaking teeth), grinding of teeth, toys, etc., by squeezing or brushing hard teeth from the mouth of a child, leads to the fact that Fissure Coverers break faster and fall out on the teeth. The more strongly the emission coatings are glued during the procedure, the longer the life of the tooth. The suitability of the child for treatment is an important factor in the application of seals. The teeth to which the crack is applied are more resistant to decay than other teeth, even after removing the cover. If it is applied within 6 months after the fall, then protection from caries will continue. A crack sealed is very important for dental health. But, after this handshake, the teeth should be brushed regularly, and the children should be taken to the dentist regularly.

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