

# To The Problem of Spirituality

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**Abstract:** This article provides a philosophical analysis of spirituality and evaluates it. We have tried to shed light on the factors influencing the spirituality of the independence period

**Keywords:** Spirituality, religion, politics, development, knowledge

## Introduction

With the achievement of independence of Uzbekistan, the issue of spiritual revival has become one of the most important priorities of our state policy. In our language there are the concepts of "spirituality of man", "spirituality of the people", "spirituality of society", "spirituality of the nation", in essence and content of which life criteria are reflected related to the destinies of a person, people, society and nation. The first President of our country, Islam Karimov, over the past few years, in his speeches, works and interviews, touches upon the issues of spirituality, the upbringing of a comprehensively developed young generation, and spiritual revival. In his work "High spirituality - an invincible force" I. Karimov defined the concept of "spirituality": "spirituality calls a person to spiritual purification, spiritual growth and is an incomparable force that strengthens the faith and inner world of a person, willpower, serves as a criterion of his worldview" [4]. In this work, he describes spiritual values and emphasizes their importance in the education of both current and future generations. The spiritual roots of our people are deep. Their revival and enrichment with new content based on the realities of the present time is one of the most important tasks in the development of spirituality. In recent years, Uzbekistan has paid great attention to the revival of the spiritual heritage. In this regard, the republic celebrated the anniversaries of such great thinkers as Navoi, Babur, al Fergani, al Beruni, Ibn Sina, al Bukhari, al Moturidi, at Termizi and others. In connection with the memorable dates, their works were published, which enriched the funds of all libraries and information resource centers.

## Research Methodology

Spirituality is considered the main criterion that determines the progress of society, the all-round development of the individual, since only when spirituality is developed, socio-political and economic stability reigns in society. And this serves as a necessary foundation for the all-round development of the individual. The role of spirituality is great in strengthening and developing the moral qualities of the people. As the First President of our state, I. A. Karimov, emphasized in his work "On the Path of Spiritual Revival": "Strengthening and developing the spiritual state of our people is one of the most important tasks of the state and society in Uzbekistan. Spirituality is such a precious fruit that has ripened in the soul of our ancient and young people, nurtured by a sense of understanding of their independence and love for freedom" [3].

Spirituality is a complex and multifaceted concept. It covers many aspects of human consciousness, thinking, beliefs, cultural heritage and the system of modern scientific and artistic values, customs, traditions, rituals, religion and religious practice. In turn, each of the listed phenomena consists of many specific values. Naturally, not all of them are equal in their capabilities to serve the needs of independence, to influence society and people [5]. Recently, in social science, attention has been paid to the definition of the concept of "spirituality", to identify its place in the life of society, nation and person.

### Research Findings And Discussion

In various reports made at conferences, there are such interpretations as “spirituality is a system that positively affects the all-round development of mankind, it is morality, knowledge, science, faith and devotion”, or “spirituality is the sum of mental, moral, scientific, practical, ideological views of a person, the degree of reflection of his religious and secular views. " According to A. Erkaev, “spirituality is the essence of a person as a sociocultural being, that is, a single complex of such human qualities as kindness, justice, honesty, conscience, patriotism, love of beauty, hatred of evil, will, courage and other virtues” [6].

### Conclusions

Spirituality is the self-awareness of a person, his insight, the ability to distinguish justice from meanness, good from bad, beautiful from ugly, confidence from self-will, the ability to confront are lofty goals and ideas, striving for their implementation. As the First President said, “... spirituality is not a gift of fate. In order for spirituality to reign in a person's soul, it is necessary to work from the heart and with conscience, with mind and hands ”[1]. The development of spirituality is facilitated by the family environment, harmony in society, the practical embodiment of justice and humanism in public policy. Although a person is born from a father with a mother, nevertheless, his morality, dignity, the spiritual world are formed under the influence of social, political and economic relations in society. The spiritual world of a person, as a product of social development, has a great influence on the development of society. How much stronger people have morality, conscience, honesty, hard work, humanism, patriotism, a sense of national and human dignity and pride, a sense of duty and responsibility, so social development will be more stable, and peace and tranquility will reign in it. As I. Karimov emphasized in his speech at the first sessions of the Oliy Majlis of the first convocation: “The fate of progress is decided by spiritually mature people. Technical knowledge, the ability to master complex technologies must keep pace with spiritual perfection, with an independent thinking” [2]. Just as without spirituality there is no just one that has the ability to raise society, yet spirituality cannot develop without society. Spirituality is an important factor leading the nation to progress, to the power of the state

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