

# Socialization and Sports

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**Abstract.** In line with the sports movement, the value of sports as a factor in the socialization and education of the individual increases, since various interpersonal relationships arise and manifest themselves directly in the process of sports activity and in connection with it. The totality of these relations forms the basis of the formative influence of sport on a person, the assimilation of social experience in the field of sports, and through it, more general social experience.

**Key words:** sport, socialization, personality, adaptation.

A special role in modern socialization belongs to education and the acquisition of a profession. A person's success is determined not only by what he has learned and what his knowledge, skills and abilities are, but also by the ability to acquire new knowledge and use it in new conditions.

The features of modern socialization of a person are determined by new requirements for those of his character traits that must be formed for the optimal functioning of the individual as a full-fledged, comprehensively developed member of society, and the combination of which suggests a greater severity of ambivalence in the individual than it was before. In line with the sports movement, the value of sports as a factor in the socialization and education of the individual increases, since various interpersonal relationships arise and manifest themselves directly in the process of sports activity and in connection with it. The totality of these relations forms the basis of the formative influence of sport on a person, the assimilation of social experience in the field of sports, and through it, more general social experience.

It is important to note that the techniques and skills acquired in sports organizations are also used in those activities that are not directly related to sports; members of sports organizations take part in major public campaigns; With the help of sports, young people join the life of society. The attitudes and norms of behavior in sports have become such an obvious tool of socialization that such influential public institutions as the school, political parties, etc., use the sports movement to achieve social goals. The more active the involvement in sports, the more opportunities and diversity appear in the forms of socialization itself.

On the basis of theoretical analysis, we came to the conclusion that the indicators of socialization of specialists in the field of physical culture and sports include:

- the use in real life of the universal properties and qualities of a personality acquired in the process of sports activities (here we mean: manifestation of vital activity; negative and positive personal qualities; goals of sports activities and their implementation);
- motives (here we mean the motives for choosing a sport, specialty; attitude to educational activities, professional activities);
- value orientations (these are life plans, the components of life success; satisfaction with professional activities; job requirements, housing conditions, wages; the relationship between length of service and the direction of professional activity);
- social status and mobility (advantages of athletes over representatives of other types of activity; professional independence, creative activity).

Sports activity is characterized by a focus on the formation and development of universal personality traits and qualities, which, being key in sports, are also valued in many other types of human activity. This includes preparedness for a long training process, socio-psychological preparedness, volitional training, competitive experience, and the ability to self-educate. The process of socialization, as you know, begins long before joining the sports section, but the formation and development of the personality occurs throughout the entire period of playing sports, it is at this time that the athlete acquires the values of physical culture and sports. Thanks to the results of socialization, the prerequisites for the formation of a professional orientation, the successful mastery of a profession and the effective performance of a specialist's work are created.

The data obtained allow us to conclude that the acquisition of mobilization values by athletes, which are acquired as a result of sports activities, is of particular importance for the preparation of a viable and socially active young generation. These include: the ability to rationally organize your time budget, internal discipline, self-discipline, quick assessment of the situation and decision-making, perseverance in achieving the goal, the ability to calmly survive failure and even defeat, and finally, just find a way out of a difficult situation.

Speaking about the value potential of sports, one cannot fail to note the importance of the experience of accumulating a reserve of human abilities. Mastering all the new, previously unknown frontiers, athletes clearly demonstrate the realization of human capabilities and outline new guidelines for their future achievements.

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