

# The importance of spirituality in the implementation of democratic reforms in new Uzbekistan

Associate Professor of the Department of "National Idea, Fundamentals of Spirituality and Legal Education" of Karakalpak State University: **Sagindikov DJubatxan Nawirzovich**  
Master of Karakalpak State University: **Baynazarova Dilbar Allabay qizi**

**Abstract:** This article provides information about the importance of spirituality and the role of the concept of spirituality in the implementation of democratic reforms in New Uzbekistan. In it, the content and essence of spiritual thinking in the upbringing of young people and their growing up as perfect people in the future were discussed in detail. Wide discussions are taking place in our country about the opportunities created for our youth and the measures being taken to effectively spend their free time. The essence and quality of our national traditions, national values, and ancient history were explained in order to raise the spirituality of young people and bring them up as perfect people. In this great country, dear person, attention to the future of our motherland is attention to the future of our country, its people and, of course, the nation. State awards were established for our young people who take the initiative in implementing the state youth policy.

**Keywords:** Spirituality, democratic reforms, future generation, elections, spiritual gap, ideology, spiritual heritage, perfect person, education, upbringing, spiritual consciousness, educational programs, national values.

## Introduction

Until now, under the slogan "New Uzbekistan", new reforms, reforms, new democratic systems are being implemented in the path of spiritual growth. Many opportunities have been created for the spirituality of our people, as well as for our youth to grow up as perfect people in the future. Based on the initiatives of the President, new reforms were implemented in order to provide quality education to young people in higher education institutions. This is a great respect for our youth, the future generation. These days, various competitions and events are held in order to improve the spiritual maturity of young people. In particular, the "Brave Boy" pageant award was established for our youth from 14 to 30 years old, and the "Zulfia" award was established for girls. In order to become a laureate of this kind of state award, first of all, you need aspiration and knowledge. Wide opportunities have also been created for the winners of the state award. In Uzbekistan, it is very important to improve the spiritual maturity of our youth, to strengthen the health of our youth, to grow up educated, intelligent and intelligent. The Republic of Uzbekistan is an independent and prosperous country. Representatives of more than 150 nationalities live comfortably and harmoniously in the Republic of Uzbekistan. This is a clear proof of the friendship of peoples, that the Uzbek people are tolerant, broad-minded, sincere people. We are all equally responsible for our young people becoming masters of their profession in the future. The First President of the Republic of Uzbekistan I. Karimov in his work entitled "Uzbekistan is on the verge of achieving independence" describes how we achieved independence, what difficulties our people, our nation went through on this way. This work talks about the years of achieving independence and defines that "Independence did not come by itself, a bird did not fly to the sky without strength." In the work of the President, "High spirituality is an invincible power", the harmony of our people, the prosperous lifestyle of our people, and, of course, the future of our youth are described in detail. It depends on what kind of person he becomes. We should never forget such a harsh truth." The President's trust in our youth and his sincerity towards our youth are incomparable. Until now, our youth have been showing active results in every field, in education, sports, and other fields. We should never neglect education and training, among our youth there are also cases of getting involved in various bad vices. is appropriate. In this way, direct ideological attacks (by malicious persons of other countries) can happen, we can poison their minds in various

ways and educate our future generation to be perfect people. It is necessary to raise them as educated, intelligent, intelligent children. We need to develop spiritual awareness in our children. Only then will our children develop immunity against traditional gaps. We put forward the opinion that it is absolutely impossible to allow a gap (spiritual gap) to appear in this matter in order for the education and training of our youth to be perfect. If a spiritual gap begins to form among our youth, the mental, spiritual and spiritual maturity of our youth will slow down. For this reason, some of our young people are influenced by various unnecessary ideas, which at the same time leads to the violation of moral education and spirituality, and negative psychological effects. Today, the issue of forming the spirituality of free citizens in building a new life and foundation of a new society in our country is extremely urgent for us. Under the slogan "Let's build a new Uzbekistan together", a wide range of opportunities have been created for young people to make good use of their free time and achieve their goals. It would not be wrong to say that the number of quotas for the admission of young people to OTM (higher educational institutions) has been increased by 50% based on the state grant and payment contract. New international educational programs are being used to educate our youth. Each of us is responsible for our young people to grow up to be educated, intelligent, intellectually mature people. Therefore, it was emphasized that we should not be indifferent to the future of our youth. President Shavkat Mirziyoyev declared 2024 as the "Year of supporting youth and entrepreneurship" in the Republic of Uzbekistan. We will not be mistaken if we say that this is a very strong attention paid to the education and training, health, and development of our young people as intellectually mature people. These opportunities are recognized as a great tribute to the spiritual growth of our youth. Currently, on the basis of the reform of modern educational programs, several changes have been made to the educational processes of schools and preschool educational institutions. Among these, it would not be wrong to say that one of the greatest opportunities created for these young people is the creation of additional benefits for the inclusion of students who have completed the 11th grade of general education schools and technical schools in higher education institutions. The role of educational institutions and neighborhoods is incomparable in the development of our children into educated, intelligent and intelligent, spiritual, enlightened and perfect people. The teacher's professional skills, pedagogical skills, and psychological potential are important in imparting knowledge to students. It is clear to all of us that deep changes are taking place in the geopolitical, economic, social, information and communication landscape of the world in the work of the First President, "High spirituality - invincible power". Different ideologies are being sharpened. , put forward the ideas that idea against thought, idea against idea, enlightenment against ignorance is more important than ever. We have made raising the worldview and thinking of our youth, our nation, our people's spirituality our top priority. In our country, since time immemorial, it is necessary to inculcate the idea among our people that destructive ideas will never come from educated, spiritual and enlightened, educated and perfect people. It is our main duty to educate our youth in the spirit of loyalty to the Motherland. It is necessary to form the spiritual maturity of young people, to instill in their minds our national traditions, national values, and ancient history. We can understand from the words of our grandfather Abdulla Avlaniy, "Education is a matter of life - or death, or salvation - or destruction, or happiness - or disaster for us." The creators of the future of every nation and people are the young and mature generation of this country. This requires the harmonious conduct of education and training. Education cannot be separated from education, and education from education - this is an oriental view, an oriental philosophy of life. It can be said that the main goal of the modern educational program is to achieve the formation of each person as a spiritually mature, perfect, spiritually rich, mature person with high human qualities. One of the most important areas of education is ideological education. The strategic priority tasks based on the secondary education program are aimed at inculcating national ideas in the minds of young people based on the national-cultural and spiritual-ethical traditions of the people, national values and democratic principles. It is a source of ideological-cultural, spiritual-pedagogical and other influence measures aimed at forming all-round spiritually mature individuals. Moral education, which is considered the main tool in raising a perfect person, is of great importance, thanks to which a person's moral qualities, high moral consciousness, and moral behavior are formed. The

task of aesthetic education is to develop the creative abilities of young people in the fields of music, literature, painting, and theater. It is reasonable to believe that the essence of spirituality is very important in strengthening democratic reforms and strategic reforms in the Republic of Uzbekistan. Until now, many opportunities and conditions have been created for young people in our country. We must use these terms wisely and correctly. All nations and peoples of our country care about the future of young people. The reason is that the future of the country is definitely the youth. Therefore, along with the children's parents, their teachers, community activists, and intellectuals, we also need to pay attention to the spiritual development, education and upbringing of the youth. We should help young people to grow up to be intellectually mature, perfect people, to become experienced specialists of their profession. Education begins first of all with the family. As soon as a child is born in the family, parents begin to form the roots of education. It can be concluded that the President has high confidence in the youth. Until now, "Youth Affairs Agency" was established to solve the problems of young people. In each neighborhood, interest-free loans were allocated for our youth to engage in entrepreneurship. At the same time, fertile plots of land are being allocated for young people to engage in horticulture. It is safe to say that such strategic reforms will have an effect on the effective use of free time by young people and their place in society. The main goal of organizing such democratic reforms and the strategic priorities for young people is to form the spiritual thinking and spiritual consciousness of all young people, to make them become perfect people in the future, and to become mature specialists in their profession. will consist of educating lib. First of all, we should encourage young people to glorify our national values, glorify our national history and ancestors, honor our national-cultural traditions, and preserve our spiritual and educational heritage. As long as we live in an independent and great country, a free and prosperous country must remain. In this holy land, human dignity and the future of young people are seen as the main task. One of the most important tasks of the opportunities created by our state for our youth is to bring up a spiritually mature person, to improve the education and training system, to bring up the new generation spiritually and morally mature on the basis of the idea of national revival. . It is appropriate to inculcate qualities such as diligence, tolerance, and generosity into the behavior and manners of our youth. Our main goal is to show the reforms that are being implemented in order to educate our youth and make them morally perfect people.

### **Conclusion**

In conclusion, it should be said that the place of spirituality in the implementation of democratic reforms in New Uzbekistan is incomparable. All the measures implemented in order to provide quality education to our youth through modern educational programs are for our youth, who are the creators of our future. Therefore, it is necessary to pay attention to their lives when raising our young people to become mature people. We are happy about the opportunities created for the young generation. Our young people should be happy that they were born in this holy land and that they are growing up in this beautiful country. We should be proud that Uzbekistan is a child of this country. Uzbekistan is a great country, the future of a great country will certainly be great. The confidence of the Uzbek people, the nation, and the President in the youth is very high. To justify this trust, of course, is in the hands of young people!

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