

# Formation of Ideas About Marriage to Young People

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**Annotation:** Currently, the number of family conflicts in society is increasing, one of the reasons for this is that young people's ideas about family life are not sufficiently formed. This article describes the problem of psychological preparation of young people for family life. The views of eastern thinkers and modern approaches to the formation of ideas about the family, as well as socio-psychological issues related to the family, were discussed. In this article, we can discuss about the formation of ideas about marriage to young people.

**Keywords:** ideas, marriage, family, young people, development, family education, cooperation, social life

Today, 62% of the population of Uzbekistan are children and teenagers, that is, young men and women under the age of 30, and a certain part of them are young families. Young families are one of the important subjects of social-political, economic, cultural-spiritual renewal and development of the society, they play an important role in exerting their influence on the complex processes taking place in social life and driving development. Therefore, at present, deep and detailed analysis of the formation and development of the spiritual, moral and spiritual world of young families is of great importance from a scientific and practical point of view. At the level of state policy, attention is being paid to creating favorable conditions for the birth of older children, creating strong cooperation between families and the public in the process of organizing family education.

A. Avloni "Education is a matter of life or death, salvation or destruction, or happiness or disaster" should not fall from the Uzbek's agenda. Because, like before, the old people call the young people to good manners, and the young people respect them and follow their advice. Someone does not like the words of someone who is busy with himself. S.V. Kovolyov says that it is very important for teenagers and girls to have ideas about the concepts of family and marriage.

The concept of marriage and love is shown by the fact that 13-15-year-old children are opposite concepts, that is, they understand that love and marriage are opposite concepts to each other. It stands after qualities such as respect, trust, mutual understanding. Young people do not take family seriously. As a result, they make many mistakes and later psychologically recognize the importance of family. Our main task is to teach teenagers the value of family, the importance of love, the role of love in marriage and that it is the guarantee of a long and happy life.

This is the strength of the so-called family sacred space, the "family castle". The foundation of the castle characteristics of premarital factors, which of them it depends on its correct and firm placement. If this foundation is mature, if it is strong, the building built on it will be beautiful and bright residence to those who do comfort. Your family also has its own foundations. That's what they are to the formation of a family, pre-marriage factors that are the basis for its construction. If the influence of these pre-marital factors on the formation of a family is inappropriate, if it is built hastily, loosely, crookedly, then the family built on it the wall of the building is also crooked and will

continue to be a deposit, and it will cause the danger that this building will one day collapse and break down.

They always have to live in some kind of anxiety, fear, discomfort, embarrassment. So, what are these foundations, i.e. premarital factors? When it comes to pre-marriage factors, it should be noted that pre-marriage factors are the basis for the occurrence of one or another marriage: social, economic, biological, physiological, spiritual, moral, and most important for our days. It consists of a complex of multifaceted factors, which includes important psychological factors, and determines the "maturity" of young people who are building a family. In the buyer, the most important thing is the extent to which these young people can meet the requirements of family life and marriage.

The concept of maturity for marriage, in turn, is very complex and relative. Because a person is a creature that is constantly developing and improving, regularly reaching new heights in its professional activity or spiritual and moral development. If we talk about the "full maturity" of a person in this or that activity, it means that he has reached a certain limit and cannot develop further. That is why when talking about a person's maturity for marriage or any activity, the concept of "maturity" cannot be appropriate in a narrow sense. That is why, when talking about the "maturity" of a person, especially "maturity" for marriage and family life, this concept is a certain generally accepted standard, an average norm, a certain conditional "unit of measurement". It used only as pointers and the like. For example, for all educational institutions (schools, high schools, colleges, institutes) there will be graduation exams (system of state exams, thesis defense systems, etc.) it will be possible to determine the index. This gives them a certain right that they can continue their education later or work in a certain specialty.

The issue of a person's readiness for marriage and family life is a very complex indicator that has an individual character that cannot be measured by any strict standards. shows that the factors are usually complex problems. In the psychological literature dedicated to the social and psychological problems of the modern family, different forms and manifestations of pre-marital factors are distinguished. Below, we bring to your attention the information about some of them: Pre-marriage factors include: the maturity of the young people who are starting a family: the maturity of the family: their motives for starting a family: the conditions of their acquaintance with each other before starting a family (how long they know each other) and circumstances: including their visions of their future family life. Of course, these factors may have different characteristics in different young people, while each of them, in turn, differs in several types.

For example, when it is called maturity for marriage, it is possible to distinguish aspects of maturity of young people who are building a family: physical (physiological), sexual, legal, economic, spiritual-moral, psychological. Among them, the indicators of legal and sexual maturity have sufficiently clear symptoms and signs, and there are aspects about which a lot of information is given in the relevant legal, medical, psychological literature, and economic, spiritual-ethical, psychological aspects. a little more complex, a fixed indicator, characterized by the fact that it does not have a limit. For example, a person's sexual maturity has its own factors. According to the data of clinical observations, sexual maturity (puberty) in modern girls is 12-14 years old, and in boys 14-16 years old.

**In conclusion**, we can say that today in our country to young people, their education and occupation great attention is paid to being a craftsman is being given. But that's all well-being of young people's future lives not enough to be perhaps psychological from family life lessons to them providing wide and sufficient information from knowledge and concepts has become the demand of the time is going, because only in a family where a healthy psychological environment is established is harmonious and Woe to the future generation who will serve the country can be delivered. Based on the idea, our attention to this issue has become a demand of the time, and its relevance is reflected in practical life experience.

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