

Formation of Ecological Consciousness in Education

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Abstract: Inculcating environmental awareness in children from a young age can be the first solution to prevent the unfortunate situations that occur in nature today.

Key words: Education, environmental consciousness, ecological culture, social attitude, society, family, duty, responsibility, future generation.

Enter Education - o' sib coming in generation harvest done knowledge based on mental perfection world - to look at, human faith , duty __ and responsibility , our society to people special was moral qualities in creation the goal represents _ Education child from birth _ starting from of your life until the end in the family , at school , profession in colleges , higher training in institutions and public in effect forming going is a process . Social environment - person identity formative social relationships complex. Social thinking marriage style , interpersonal and intergroup and the nation and international of relationships mutually __ according to is to come .

Books Takhlili The term " consciousness ". Russian to the language N. _ M. _ Karamzin Latin from conscience received observation paper _ _ as , this the mind means _ Consciousness is knowledge built on the basis of the use of language and exists in the form of gestures. In psychology, until now, the concept of consciousness has been used in very different meanings, and sometimes there is almost nothing in common between them. Here is one of the definitions of consciousness given by the Soviet psychologist AG. Spirkin A: "Consciousness is the highest level of the brain that is unique to humans and associated with speech, it is a generalizing, evaluative and purposeful reflection of reality in the pre-mental construction and anticipation of behavior, and constructive-creative consists of changing their results, rational regulation of behavior personality and self-control.

Thus, the origin of the ideal reflection of reality is connected with the emergence of culture in the broadest sense of the word - created by man. But in this broad sense, culture includes the "doing" of a person himself, i.e. the emergence of the human brain, whose structure and functions reveal its new quality. If we consider that ontogeny in a certain sense repeats the main stages of phylogeny, then the connection between mind and brain is not only proven, but also observable. In developmental psychology, the stages and stages of the formation of consciousness are determined, on the one hand, by socio-cultural relations, and on the other hand, by brain activity that reveals its potential in the child's active behavior. If the corresponding functions of the brain are disturbed, consciousness is impaired or completely lost. When the frontal lobes are disturbed, patients cannot create and maintain complex behavioral programs; they do not have stable intentions to set goals and are easily distracted by side effects, they do not know how to properly exercise self-control. They have weakened initiative, show disorganization, carelessness and often general stupidity, childishness, naivety, emotional incoherence in the form of bursts of laughter, bursts of anger or rage , creative play of imagination, no power of abstraction; the level of responsibility is broken and reduced.

Fitrat divides the family into parts such as generational education, intellectual education, and moral education. He believed that a person's spiritual and intellectual qualities are mainly determined by his upbringing and the environment in which he lived. If a good upbringing is the most valuable wealth of a person, then a wrong upbringing can turn into a real misfortune and even a disaster for him. That is why he attached great importance to family education along with school

education. There is nothing more necessary or important for humanity today than to inculcate ecology, environmental awareness and understanding into our daily lives.

According to modern concepts of the brain, its main unit is not a neuron, but the whole "ensemble of cells", not only the "ensemble of youth", i.e. including the last thing at the time of its formation - a vertically organized system that captures the frontal parts of the cerebral cortex and the subcortex with the control of instincts. This huge system, developed through the mechanisms of excitation and inhibition during the long evolution, is able to control not only the mind, but also the entire human psyche, all its structural and functional forms.

The task of the mind is to form the goals of the activity, the initial mental construction of the actions and the expectation of their results, which ensures the rational regulation of the behavior and activities of people. A person's mind includes a certain attitude towards the environment and other people. "My attitude to my surroundings is my mind," observed K. Marx .

The following features of consciousness are distinguished: building relationships, knowing and experiencing. Therefore, it includes both thinking and feeling. In fact, the main task of thinking is to determine the objective relations between the phenomena of the external world, and feelings are to create the subjective relations of a person to objects, events, and people. Forms and types of these attitudes are synthesized in the structures of consciousness and later determine both the organization of behavior and the deep processes of self-esteem and self-awareness.

Discussion An image and thought that exist in a single stream of consciousness can become colorized and experienced. "To be aware of an experience is always to establish an objective reference to the causes that give rise to it, to the objects to which it is directed, to the actions by which it can be carried out" (SL Rubinstein).

ecological consciousness through ecological education and training, information , ecological education in people, to change their lifestyle and spirituality. So far, people's minds have been ingrained with the idea of disobeying ecological laws and looking at nature with only eyes. People are very indifferent to nature. problems such as global warming and climate change, desertification, and the drying up of the Aral Sea as a result of their relations cause irreparable environmental crises. The formation of the ecological concept only by people and unique to them is called an antropocentric concept. Environmental education is the development of systematic environmental knowledge, culture, skills, and learning based on a goal-directed plan. Currently, the environmental education system is being formed based on a continuous, accumulated, combined interdisciplinary specialty. Centers providing environmental education to the population have been established, where ordinary residents are expanding and deepening their knowledge in the field of ecology . conducted in educational institutions. As people grow up, their imagination about the environment expands, they look at nature with different eyes, and gradually they love nature and consider it their duty to protect it.

The main task of environmental education today is:

- all life processes are very important, precious and unique, man is responsible for living nature;
- nature is eternal and inexhaustible, therefore it is stronger than man, man must interact with nature, always adapt to it and help him if necessary, being against nature brings harm to man;
- the more diverse the biosphere, the more stable it is;
- humans are causing immeasurable damage to the environment;
- nature can strike with great force against the harm that humanity is doing to itself;
- anthropological damage should be exchanged with the concepts carried out in the ecocenter;

Conclusion The formation of ecological culture is the formation of ecological awareness and understanding, and is closely connected with the environment. The main idea of ecological culture is that the connection between man and nature should be not material, but spiritual. It is the duty of every person not to harm the nature and to think globally. In order for eternal life to continue on earth, mankind must constantly protect, rejuvenate and develop ecological culture. Environmental education at a young age is becoming the main task today. We can say that the development of

environmental awareness together with the education provided in educational institutions is a very correct and urgent solution to the problem.

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