

In the education of young people in the spirit of patriotism – The role of sports games

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Annotation: the article describes the role and merits of the Uzbek national sports games and national ceremonies in educating young people in the spirit of patriotism, the connection of physical education with the socio-cultural traditions of our society.

Keywords: national sports games, competitions, youth education, Patriotic Education, decision, Physical Education, Sports, Youth, Family, ability.

Today's globalization, the rapid development of information and communication technologies, the problems of youth education in the conditions of increasing influence of various dangers associated with the emergence of global problems are a common issue for almost all countries.

President of the Republic of Uzbekistan on the subject of youth education Sh.Mirziyoyev said at the 72nd session of the UN General Assembly: "today's World Youth is the largest generation in the history of mankind in terms of number, because they make up 2 billion people. Tomorrow, the prosperity of our planet depends on what kind of person our children grow up to. Our main task is to create the necessary conditions for young people to show their potential, to prevent the spread of the "virus" of the idea of violence. To do this, we believe that it is necessary to develop multilateral cooperation in the field of social support of the younger generation, protection of its rights and interests.

It is necessary to establish ideological immunity in young people, to protect them from various alien ideas and threats, to educate them as "Patriot" people who have their own independent opinion, willpower, self-sacrifice, who are able to protect their homeland and become one of the main goals.

Patriotism-loyalty to the Motherland, a sense of love and pride to its people, success in creative construction and education, emotional state of a person, beliefs, traditions, history, views formed on the basis of accepted moral norms of society, the desire to serve the interests of the people, experience and excitement in defeats, readiness to sacrifice in the defense of the motherland.

Bunda has a great educational potential in the education of young people in the spirit of patriotism in accordance with the peculiarities of the Uzbek national sports games, is a strong team that serves to shape patriotism as a person's worldview.

Thanks to independence, our government has been assessed as an integral part of the process of restoring national games and sports, strengthening spiritual and moral life, educating mature people in all aspects.

In general, the so-called "Sport" in Arabic means "mathematics", in the dictionary it means "exercise", "tempering", "body training", "walking", "mathematics" and "physical movement". Since mathematics really matured the mind, it also became one of the lexical meanings of this word.

From time immemorial, the Uzbek people loved sports and were absorbed in the blood of sport. As proof of our opinion, the ancient and navqiron national struggle of our people is an example of this. Today it is a pleasure to see the spirit of our great ancestors, the emergence of the Uzbek struggle, which from time immemorial became the national pride of our people, into the world arena, its recognition.

And in Japanese schools there is a kendo lesson for the lower classes, where students learn fencing – a lesson on modern fencing techniques. In these lessons, information about the traditions, values of samurai, the technique of working with swords is given, practical lessons are organized.

Our national folk dances, which are characteristic of our nation, are distinguished by their compatibility with seasons, vitality. With the development of physical qualities, willpower of young people in the organization, conduct and content of the games, the issues of their belief in their own strength, strengthening their mental endurance are also expressed. National Games, races, competitions various competitions, ceremonies have passed down from generation to generation, becoming a historical heritage and are preserved. It is known from history that people's festivities and holidays did not pass without national games, in which those who grew up at an early age handed over to their shogirds the esthetic of life. Holding competitions in festivities, celebrations side-by-side, participants' teamwork required participants to be energetic, agile and enthusiastic, resistant to difficulties, diligent and entrepreneurial. The mass types of National Games, wrestling, cross-country and sports have also been manifested among the people as signs of antiquity. Famous poachers, wrestlers, participants of folk dances often held competitions, donated money collected from competitions to orphans, families with many children and the elderly, took part in bridges, mosques, madrasas, canals, roads and other folk insects. National Games bring up the younger generation in the spirit of courage and justice, love of the motherland, service to its people, diligence, kindness, honesty and purity. The people therefore greet honest, brave polvon in the struggle, chapdast in Capricorn and mohir rider. The people respect the winners of the National Games not only for their beautiful actions, but also for the participant's solemnity, courage, chapdastness. It was widely used in the training of fighters who were Vatan defenders from national games such as "Chase", "Chase", "backstage", "poppies", "seven stones", "Lanka", "five stones", "herder", "rider", "snipers and snipers", "freckles", "freckles", ensuring their constant combat situations.

Our struggle would have gone away as the years went by when fighting competitions were not held in folk festivities and holidays. Races, girl chased, who throws away exercises, horse sport (most) is also incredibly ancient national traditions. In fact, in these Games, respect for an adult, compassion for young people, children's maturity and upbringing, duties of parents in front of their children, children's kindness to parents are embodied. Therefore, to the children of our ancestors, from their very young times, people's heroes, who spoke Epic and fairy tales, narratives and legends, which embodied the virtues of courage, perseverance, friendship, harmony, demonstrated in the struggle against evil forces, were able to be honest on the basis of national games, to speak correctly, to be indifferent to injustice, to absorb the virtues of respect. The opponent who was defeated in the National Games was never ridiculed. On the contrary, mistakes and shortcomings are solved together. Children are brought up with organizational abilities, while playing games with creative activity. A goal is an example of creative initiative to decide on an issue independently or in combination with a partner, to help his partner in one way or another. Any type of National Games form a huge number of human qualities and characteristics in children.

In this regard, President Sh.Mirziyoyev: "in the years of Independence, the achievements of our youth in the field of physical education and sports are all a joy. New World and continental champions, International Grandmasters in chess are being trained. Our Uzbek national struggle is also gaining great achievements with its prestige in the world sports fields. Now the words "halal", "gyrrom", "chala", "yanbash" are voiced in the world sports arena and praise the Uzbek name to the world."

In conclusion, it is worth emphasizing that the restoration of the national games of such Uzbek people in a broad sense and the organization and conduct of regular folk festivities and celebrations show their place in the upbringing of young people in the spirit of patriotism.

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